

Rosierucian Digest

June 1980 • \$1.00



Featuring:

- **Mysticism**
- **Science**
- **The Arts**

On the Nature of Virtue

**Harmonium: The Balance
of Mind and Body**

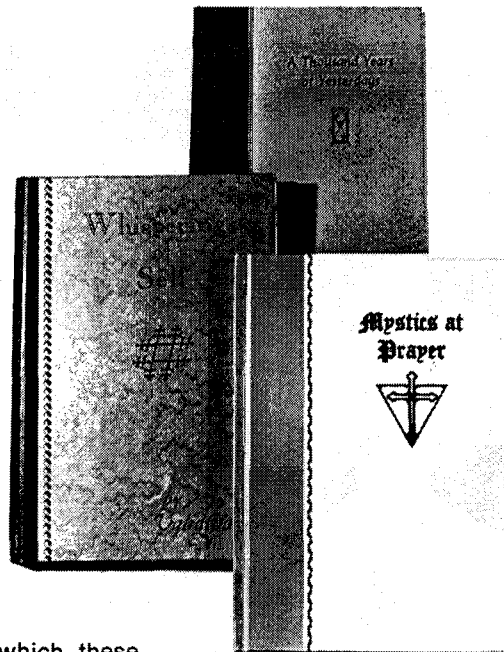
**Thought Can Move
the World**

Books of Lasting Value

A Thousand Years of Yesterdays

by H. Spencer Lewis, Ph.D.

Here is a book that will tell you the real facts of reincarnation. It is a story of the soul and explains in detail how the soul enters the body and how it leaves, where it goes and when it comes back to the earth again and why. You may learn of the past of the soul. The story is a revelation of the mystical laws and principles known for many centuries to the Masters of the Far East and the Orient. You will marvel at the manner in which these principles are brought out.



\$5.50

Other currencies:
£2.75 A\$5.00 NZ\$5.50
¥43.67 R4.78

Whisperings of Self

by Validivar

The aphorisms in this collection have appeared singly in copies of the **Rosicrucian Digest** over a period of forty years and comprise insights into all areas of human experience—justice, war and peace, ethics, morals, marriage, family, work, leisure, and countless others.

The author's frank and direct style provides much food for thought in each brief impression.

\$5.95

Other currencies:
£2.98 A\$5.41 NZ\$5.95
¥43.96 R5.17

Mystics at Prayer

This book explains in simple language the reason for prayer, how to pray, and the cosmic laws involved. Prayer is man's rightful heritage. It is the means of man's communion with the infinite force of divinity.

Compiled by Many Cihlar, Austrian Philosopher and Mystic, from the prayers of Hindu, Sufi, Persian, Hebrew, and Christian Mystics, the book is well bound and beautifully printed in two colors.

\$5.95

Other currencies:
£2.98 A\$5.41 NZ\$5.95
¥43.96 R5.17

Send orders and remittance to:

California residents please add 6% for sales tax.

ROSICRUCIAN SUPPLY BUREAU San Jose, California 95191, U.S.A.

Rosicrucian Digest

(ISSN 0035-8339)

Published Monthly by the Supreme Council
of the ROSICRUCIAN ORDER, AMORC
Rosicrucian Park, San Jose, CA 95191

Robin M. Thompson, Editor

Official Magazine of the
Worldwide Rosicrucian Order

June 1980 Vol. 58, No. 6

CONTENTS

- 4 Thought of the Month: *On the Nature of Virtue*
- 7 Thought Can Move the World
- 8 The Divine Essence of the Cosmic
- 11 The Celestial Sanctum: *Which Is the Way?*
- 13 Music, Man, and Mysticism
- 16 The Path to Mastery
- 18 Mindquest: *Harmonium—the Balance of Mind and Body*
- 21 Mammoths of the Sea
- 24 Projection to Outer Space
- 27 Dearest Friend
- 28 Peace and Security
- 31 Supermen and Superwomen
- 34 Rosicrucian Activities Around the World

PHOTO PAGES

- Cover Sombre Sea (*see page 12*)
- 3 Skyscraper Maze, New York City
- 37 Colorado River Canyon
- 38 Japanese Tea Garden

SUBSCRIPTION: \$10.00* per year, single copies \$1.00. **ADDRESS:** *Rosicrucian Digest*, Rosicrucian Park, San Jose, CA 95191, U.S.A. Changes of address must reach us by the first of the month preceding date of issue. Entered as Second-Class matter at the Post Office at San Jose, Calif., under Section 1103 of the U.S. Postal Act of October 3, 1917. Second Class postage paid at San Jose, Calif. Statements made in this publication are not the official expression of the organization or its officers, unless declared to be official communications.

*Other Currencies:
£5.00 A\$9.09 NZ\$10.00
¥666 R8 69

Skyscraper Maze New York City » » »

Lower Manhattan consists of man-made canyons of steel and concrete created by the ever-increasing height of mammoth structures flanking the streets. This view is from the top of the Empire State Building, once the world's tallest structure. In the street below can be seen the annual Easter fashion parade held on famed Fifth Avenue.

(Photo by AMORC)

Copyright 1980, by the Supreme Grand Lodge of AMORC, Inc. All rights reserved. Republication of any portion of *Rosicrucian Digest* is prohibited without prior written permission of the publisher.



The Human Aura

Develop your **PSYCHIC POWER OF ATTRACTION**

What strange forces pull you toward another? Why do you at times experience uneasiness in the presence of some person . . . without any apparent cause? The human organism radiates psychic energy. This is an aura — a field of supersensitivity surrounding the body. Our thoughts and emotions continually vary the vibratory nature of this psychic aura. This aura can and does impinge upon the inner self of others. The auras of others also can and do react upon your aura.

You are subject to such psychic radiations of persons daily. It can account for your moods — even your intuitive impressions. This is a natural phenomenon — it is part of the subliminal, mysterious

inner powers of self which everyone has, but few understand. Learn to master this phenomenon. The full application of your natural powers can provide a greater personal achievement and happiness in life.

FREE BOOK

The Rosicrucians, a worldwide cultural fraternity, have for centuries taught men and women to understand and utilize fully all the faculties of self. The Rosicrucians are not a religious sect. No creeds or dogmas are offered but factual information on man and his cosmic relationship. Write today for the free booklet, the Mastery of Life, that tells how you may use and share this workable knowledge.

*Please use this coupon
or write to.*

SCRIBE: S.P.C.-59

The
ROSICRUCIANS
(AMORC)

San Jose, California 95191, U.S.A.

Scribe S.P.C.-59

THE ROSICRUCIANS (AMORC)
San Jose, California 95191, U.S.A.

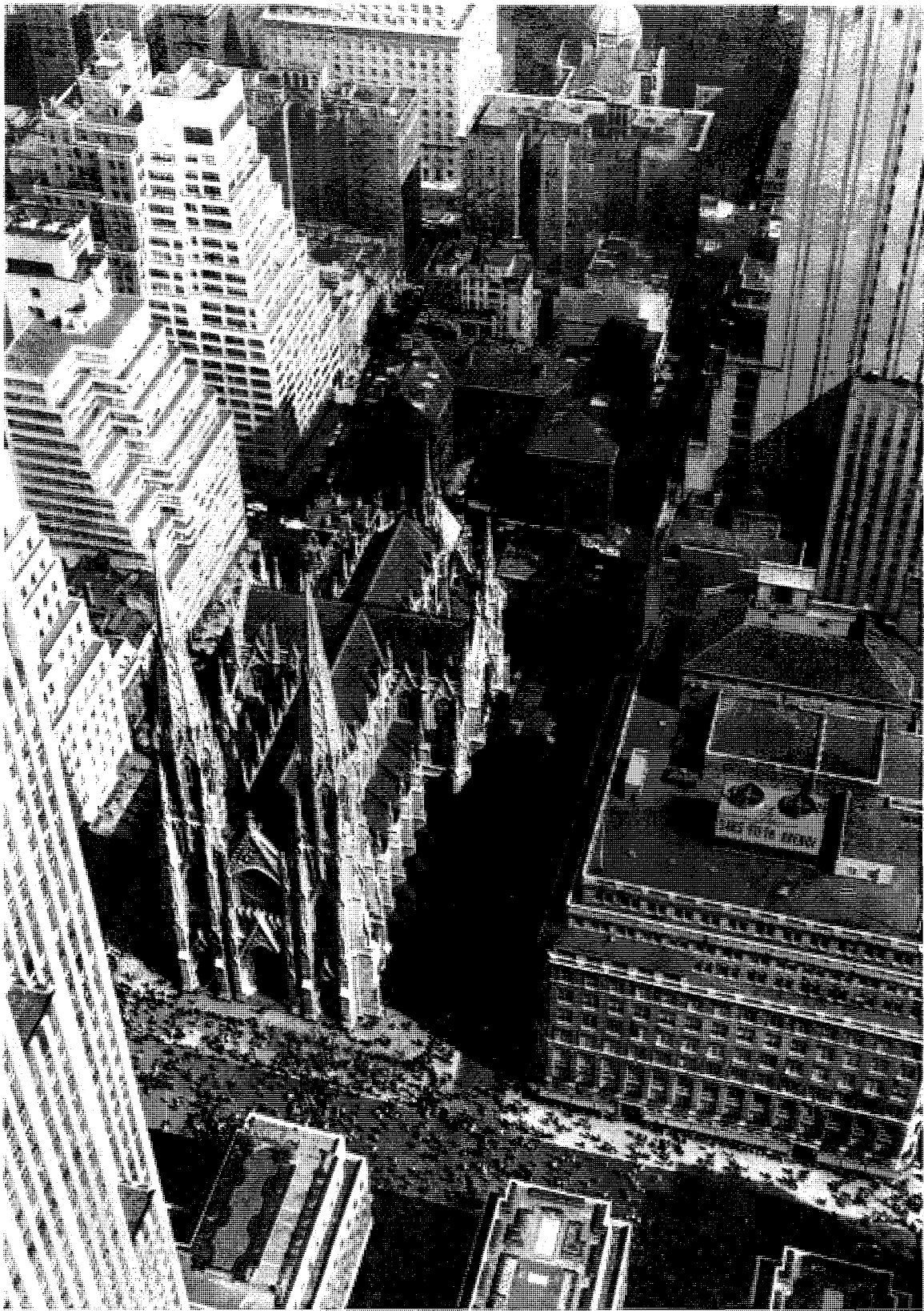
Gentlemen:

In sincere interest, not out of curiosity, I ask for a
free copy of THE MASTERY OF LIFE.

Name

Address

City State Zip



On the Nature of Virtue

IS VIRTUE INNATE, or is it acquired? Are we born with qualities of virtue, or do we learn them from the current prevailing traditions and customs? Furthermore, just what is meant by "virtue"? It could be a form of self-discipline, a self-imposed restraint, as against the temptations of immorality and malevolent social behavior. Here it is assumed that virtue opposes immorality or evil.

In the Middle Ages, however, it was commendably virtuous to oppose certain behavior, much of which is now acceptable. For example, virtue was not absolute; its appraisal was relative to what was denounced at the time as immoral. The question then arises: Should virtue have a positive unchangeable quality of its own, unaffected by the variable moral wrongs? In other words, should virtue always oppose certain actions, regardless of whether they are generally accepted as evil or amoral?

Let us consider the other concept of virtue, specifically, that it is genetically based—we are born with it. This would mean that virtue is an evolved ideal—a subconscious motivation transformed into an intellectual standard of personal behavior. This conception, however, attributes *duality* to virtue. On the one hand, it is an immanent, formless impulse of the subconscious; on the other hand, it is a product of thought, of reason, and the formation of an ideal.

If virtue is dual, its only absolute, positive quality is its inherent subconscious motivation—a *feeling* without any thought directly related to it. More simply, it is the impulse to act virtuously, yet not expressed intellectually as an idea. The other aspect of this assumed duality of virtue is to relate it objectively to particular behavior; in other words, to arbitrarily select certain behavior as being

related to the sense of virtue which one feels inwardly.

The above point of view does not allow for any universally accepted virtues. Each person experiencing the virtuous inclination would interpret it according to his understanding of that which virtue should oppose. Yet, we find there are historically accepted virtues. The impulse of virtue, if we may call it that, has been intellectually related to specific types of behavior.

The so-called *cardinal virtues* proclaimed by the ancient Greek philosophers were *justice*, *prudence*, *fortitude*, and *temperance*. Later, the *theological virtues* of *faith*, *hope*, and *charity* were accepted. But why were *these* particular concepts chosen as virtues? What were the criteria that made them conform to man's ideal of virtue? Here we return to the question: What is this innate feeling of virtue like, or how is it intellectually defined? The great thinkers of the past struggled with this question.

A Divine Wisdom

Socrates taught that virtue was a natural endowment, an innate propensity. It was not an artificial habit, that is, not acquired through education.

Yet, *Socrates* asserted that virtue could be taught, but only in accord with the natural propensity of the soul. He said the soul retains a divine wisdom. This self-knowledge could be awakened and was perfect. Self-knowledge, or knowing one's self, was the beginning of personal existence. Man defined the nature of virtue with this awakened knowledge of the soul. Therefore, *Socrates* declared that "virtue is knowledge."

This knowledge of the soul revealed to man "what is truly best." All virtues,

Socrates further asserted, are *one*, for underlying them is man's knowledge of their *good* quality, that is, that they are best for man.

Plato differed with his teacher, Socrates. He taught that no unified principle of goodness underlies the virtues. All the virtues, he contended, imply the same, an opposite of ignorance. In other words, virtue is knowledge of a better kind of action. For example, one is prudent not because this behavior arises from an innate sense of good but rather, *knowledge* shows it to be the *best way*.

This knowledge of virtue cannot be taught, learned from without by artificial precepts. Plato's point was that enforcing rules, moral codes, is an artificial method of teaching true virtue. Such are transient and all men do not experience the good that these rules are meant to teach. The knowledge of which virtue consists, said Plato, must be a revelation of the soul. It must be an awakening of the *soul's innate knowledge*. This means, as we understand it, a response to one's inner sense of value, that is, what is truly best for man. It is the good learned from *within*.

Aristotle declared that virtue, like evil, is personally defined. There are extremes in human behavior; some are declared to be good, and their opposite, evil. Between these extremes is the middle course, which Aristotle called the *golden mean*. Evil is that which is not in accord with the golden mean. Our decision as to what this golden mean is constitutes our personal ideal of virtue. It is a process of carefully judging our actions, and applying reason as a guide.

Is the golden mean the same for everyone, however? Do all people place the same limit on good, and the same point of beginning for evil? Wouldn't the golden mean of some people fall partially into what others think to be evil? This is the problem which society has always confronted—agreement on what is absolute virtue. Yet reason can suggest a dependable virtue for all men to follow, which we shall later consider.

The ancient *Stoics* were critical of man's attempt to seek virtue. They felt that the attempt to thoroughly understand virtue was to give way to the emotions and to sensibility. Man must act in-

differently and not give way to his feelings. Man's strength, they held, was in denying the sentiments and emotions. A person who thought of something as just, kind, and loving was captivated by his feelings, thus indicating a weakness of the will.

Nevertheless, the Stoics later submitted to the *necessity* of certain obligations of men toward each other. Zeno, the founder of the school of Stoic philosophy, explained this obligation as "that which comes on one's way to do."

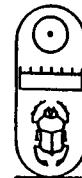
Happiness

The German philosopher Kant (1724-1804) wrote that there is no relationship between virtue and happiness. He pointed out that experience reveals that the righteous are often cast down and the wicked flourish. More succinctly, he stated that the virtuous are not always happy and neither are the happy always virtuous. However, Kant admits that though virtuous behavior may be disagreeable at times, it often engenders a feeling of self-respect and self-approbation. In other words, it is difficult to achieve but is a task we take pride in doing.

Kant tells us that to those following conscience, the Divine Will provides an experience of *bliss*. But to follow conscience, one must believe that a Divine Entity or God exists. It is from such belief, Kant asserts, that God's Divine Will is personally experienced as a moral law.

Just where does modern man stand in regard to these concepts of virtue? Is virtue entirely innate? Are we born with it, or is it a matter of keenly judging what is the best of our actions? Is there a common point of agreement between the concepts of the great philosophers we have briefly quoted?

Every man has the *innate*, instinctive desire to do good, but good for whom or what? It is what is good for the *self*. Everything that man does is to satisfy some aspect of his nature. Even so-called impersonal, charitable acts are done, if not by compulsion, then because they gratify a sensibility, sentiment, or emotion. It may seem inconsistent to assign what are ordinarily considered as un-



selfish acts to the same category of feeling as those which are referred to as selfish. Yet, instinctively, man always does what he thinks is best for himself, that is, what he feels to be personally satisfying.

This is not degrading man nor implying that he is never truly virtuous. There are gradations of self-service. For example, the satisfaction of the appetites is primarily limited to the physical self. The lowest order of self-service is when the self alone is gratified by various acts it performs. When, however, self-service includes others in its beneficence, it is of a *higher order*. Furthermore, when one is *just* in his actions, not only does he experience a personal sense of rectitude, but he also brings benefits to others. The virtue of fortitude may result in another's welfare, as well.

True virtue exists not only in one's own sense of good, but also in the good one's acts may confer upon others. Simply, virtue is the sympathetic extension of one's personal good in relation to others.

This empathy, or extension of feeling, however, cannot be based on emotion alone. It must be guided by *reason*. It must be *pragmatic*. What should we recognize as a good that has more than just a limited personal value? The true virtue must conceive as good that which reaches out beyond the immediate self. In this regard, *truth*, *honesty*, and *temperance* are examples of true virtue. *Truth* is not a virtue because it is an acquired habit or that it has been taught as a code of righteousness. It is knowledge, reason that tells us that the opposite of truth—falsehood—is detrimental to human relations. Truth, therefore, is *practical* because it is *necessary*.

The same can be said of *temperance* and *honesty*. Knowledge points out their practical necessity, for to resort to intemperance or dishonesty is to encourage similar actions directed against one's self.

We may summarize by saying that virtue is that innate sense of self-good which reason shows must necessarily extend beyond one's immediate self. △

Riches adorn a house and virtue adorns the person.

—The Great Learning

The Purpose of the Rosicrucian Order

The Rosicrucian Order, which exists throughout the world, is a non-sectarian fraternal body of men and women devoted to the investigation, study, and practical application of natural and spiritual laws. The purpose of the organization is to enable everyone to live in harmony with the creative, constructive cosmic forces for the attainment of health, happiness, and peace. The Order is internationally known as the Ancient Mystical Order Rosae Crucis and, in America and all other lands, constitutes the only form of Rosicrucian activities united in one body. The A.M.O.R.C. (an abbreviation) does not sell its teachings. It gives them freely to affiliated members, together with many other benefits. For complete information about the benefits and advantages of Rosicrucian affiliation write a letter to the address below and ask for the free booklet, *The Mastery of Life*.

Address Scribe S.P.C.
Rosicrucian Order, AMORC
San Jose, California 95191, U.S.A.
(Cable Address: "AMORCO")

***The
Rosicrucian
Digest
June
1980***

Thought Can Move the World

by Jonathan Cook

ONE OF TODAY'S scientists has declared that "the most beautiful and most profound emotion we can experience is the sensation of the mystical." To the mystic, everything in the universe is a form of vibration. The scientist agrees.

Thought is a form of vibration, and as Dr. Einstein showed in his famous formula " $e = mc^2$," vibration is energy and energy is matter. Therefore, it is scientifically correct to say that thoughts are things, for thought vibration is energy, and energy is reality.

Perhaps in the mind of God in the beginning, space and time, being of a dual nature, existed as a unit of forces but required a third condition to come into visible expression.

St. Paul said: "... the worlds were framed by the word of God, so that things which are seen were not made of things which do appear."

Modern science has furnished abundant testimony to substantiate the teachings of the ancient mystics that everything in the Universe is in constant motion and manifests by various rated degrees and modes of vibration. It is considered by some that vibrations produced by the act of thinking do not have to travel to any destination, as such, but affect the vibrations of the Cosmic, or Universal Mind, present everywhere, including the minds of people. While the cosmic vibration rules, it is also subject to modification in degrees of vibration due to the thoughts of many.

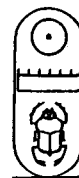
The history of any particle of matter from its manifestation until its disintegration is permanently recorded in the vibrations of that particle. With certain individuals these vibrations transform into suggestive impulses capable of producing mental images of the events which concerned the particle.

An idea of the nature of things was for a time explained by the all-pervading ether believed to exist in space and between the particles of matter. Vibrations such as light were thought to take place by a wave motion of ether or ether particles. Something vibrates, but we no longer call it ether. It is now considered that without the contribution of vibration of this universal element, nothing at all could come to manifestation.

If everything, both organic and inorganic, has a double, an invisible image or form which interpenetrates the visible body—but being larger also surrounds it—perhaps the invisible form persists after the tangible one has disappeared.

When the first "cloud" of particles evidencing vibrations of a physical nature began to fall in a fourth dimensional direction into infinite space vacuum, it created a motion that gave rise to an electromagnetic field and a gravitational field around it. These two different manifestations, physically the same and proceeding from the same source of power, are dual in nature. Thus in the beginning the coagulation of particles produced a cloud with mass and density.

(continued on page 26)





The Divine Essence of the Cosmic

by Walter J. Albersheim, F. R. C.



ALL MEMBERS of the Rosicrucian Order, AMORC, and any interested non-members have access to *Liber 777*, which is a pamphlet entitled "The Celestial Sanctum." To enter the Celestial Sanctum, a meeting place of minds, one begins with an invocation to the "Divine Essence of the Cosmic." This invocation is just a formality to the casual experimenter. Serious students of mysticism, however, will ask themselves: "What is this Divine Essence? How can it infuse my being and purify my mind and body, thus enabling me to enter the Sanctum?"

The answers to these questions are based on the dualistic philosophy of the Rosicrucian Order. This dualism does not imply that the world contains two elements completely alien to each other, but that it consists of polar opposites whose interaction generates all observable manifestations.

The most fundamental opposites are matter and mind. In ancient Greek

philosophy, mindless matter was *Chaos*, and only the infusion of Mind produced a harmonious *Cosmos*, ruled by natural law. Monistic materialists reject this interpretation and regard natural law as an inherent property of matter. They claim that life began when the right combination of temperature and stagnant pools of sea water of a certain chemical composition—combined with an influx of solar radiation—created self-reproducing organic compounds by photosynthesis, and that by countless repetitions of trial and error and survival of the fittest, all the manifold forms of present plant and animal life evolved automatically. According to this theory, the eventual emergence of minds such as those of Moses, Plato, Jesus, Beethoven, Shakespeare and Newton was merely accidental.

This alone seems improbable enough, but recently scientists discovered that near the Mid-Atlantic Ridge the hot interior of the earth wells up and heats the water of the totally dark ocean bottom. This warmth alone created bacterial forms of organic life and began a separate evolution that produced higher life forms similar to common types such as worms, crabs and fishes. Are we to believe in two separate accidental miracles of creation on our one tiny earth? Rosicrucians reject this assumption as too improbable. According to their dualism, Mind is not only the force that creates law and order in the universe, but it also creates life and consciousness. Once we accept the thesis that Matter and Mind are polar opposites, we may infer some properties of Mind by their very polarity to material phenomena.

Mind

Matter, enclosed in space-time, is divisible into innumerable particles of mass and energy, neither of which can be at two places at once. All progress from one point to another is limited to speeds lower than that of light.

By contrast, Mind is One and can neither be expressed nor measured in terms of space and time. In the timeless Now, Mind permeates the entire universe and all beings within it, including ourselves. A major question in mystical philosophy is: Can we, as individual material beings, become aware of this all-

pervading Mind force, and if we can, why are we not constantly aware of it? The mere fact that we are alive and conscious shows that the life-giving Mind works within our being; but aliveness need not bring awareness. Even primitive organisms instinctively strive to stay alive. They assimilate food and excrete waste without thinking about it. At the lowest stage, they multiply by cell division so that no matter how many individuals are destroyed, the pattern survives. At a higher stage of evolution primitive organisms procreate by sexual union. They are attracted to their mates, who are their polar opposites and complements.

This mutual attraction shows that in Mind is love. Most higher animals love and care for their offspring, whether they are hatched from eggs or born alive. This indicates a strengthening of the love principle. In primates and domestic animals we observe varied emotions, which indicate greater awareness. These animals show contentment and sorrow, cunning and caution, pride and shame. They only lack reflection—conscious awareness of being an individual self.

Man is set apart from his fellow beings and from the entire material universe by this self-awareness. As the Bible story of original sin implies, self-awareness deprives man of "innocent," instinctive animal spontaneity. To compensate, our human mind is awakened. We become aware of the great world around us and of the world of thought within us. We transmute raw sense *percepts* into mental *concepts*. We build, invent, create. Unless we can bridge the abyss that seems to separate our individual selves from the world around us and from the Divine Mind, however, we live in an exile of our own making, and our powers are limited. How can we overcome this isolation, this confinement?

Ancient wisdom has pointed out various attitudes and practices that help devotees gain attunement and, eventually, the Peace of Union that passes intellectual understanding. The motionless meditation of Zen monks, the frantic gyrations of whirling dervishes, the prostrations of praying Muslims and the rhythmic swaying of Talmud students—all of these practices aim to overcome the limitations of individual self. Attunement with the Celestial Sanctum, a method worked out

by the late Rosicrucian Emperor, Dr. H. S. Lewis, is one of such practices and, perhaps, the most suitable for modern Western life.

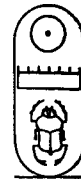
As stated earlier, attunement begins with an invocation to the Divine Essence of the Cosmic, that is, to the Universal Mind. Taken literally, this invocation merely asks the Divine Essence to permeate our personal body and mind; but this would be a needless prayer—according to our dualistic philosophy, Mind eternally permeates the entire universe. What we really ask is that our personal mind may become conscious of the infusing Cosmic Mind, that our intellectual conviction may become *experience*. Our personal mind struggles against this experience because it is afraid of losing its identity, even its sanity. When we can give up this false, egotistical pride, when we admit the influx of a greater mind, we then become channels of cosmic wisdom and power, and co-creators with the Divine Mind, able to bring everything into being that we can imagine and visualize.

The Power of Mind

This unlimited power of the mind seems well-nigh incredible to our Western culture for two reasons. The first is the seeming rigidity of physical laws. This may be answered: Even on the non-human level, mind can mold the material world by means of living organisms. We see it transform, with the aid of dam-building beavers, a rocky river gorge into swamps, ponds and grassy valleys. We admire the white cliffs of Dover that were built up, in past eons, from the skeletons of microscopic sea creatures.

The influence of the human race on the topography of our earth is evident. We dam rivers, cut down forests, irrigate deserts, build cities or destroy them by negligence or by warfare. Even greater is the power of mind over human affairs.

When we visualize health for ourselves or our friends, we mobilize the healing powers built into the human body, and we also mobilize the mind and ability of the doctor, nurse or physical therapist who deals with the patient. When we visualize a job or a career for a friend, we mobilize his studying determination, the sympathy of his examiners and of the



executive who decides that he should be hired. All of these possibilities refute materialistic objections.

From the opposite camp, orthodox religionists, comes the fear that belief in our own unlimited powers of creation is *hubris*—overweening pride—an insult to the omnipotence of a personal God. Moreover, they believe that if everybody had unlimited creative power, then the conflicting creations of many minds would result in confusion and disorder.

True mystics need have no fear on this account. Mystics know that all their creative power is a channel and an expression only of the Cosmic Mind. Therefore, it cannot be a cause for personal pride, nor can it oppose the trends of the Universal Consciousness. This is true whether we worship this Universal Mind as a personal deity or as an impersonal force of light, life and love.

Destructive acts do occur; but in a true mystic, negative thoughts and visualizations are suppressed by his own conscience, the "Master within" who knows right from wrong and who represents the Cosmic Mind within us.

Seeming contradictions between individual thought creations are also bound to occur; but since Mind is not limited by time or space, their actualizations may escape conflict by occurring at different times and places.

The more we let the Cosmic Mind rule and direct our own, the greater become our powers, but our interest in applying them for our personal gain becomes less. Ultimately, we may become completely depersonalized and forever at One with the Cosmic, thus demonstrating that "The Divine Essence of the Cosmic" implies our entire mystical philosophy and the Path toward its fulfillment. △

***That which fills the universe I regard as my body
and that which directs the universe I consider as my
nature.***

—Chang Tsai

Four Ways to Acquire Virtue

IN THE FAR-OFF DAYS in India, people were much concerned with lucky omens, good luck signs for their welfare, and especially with auspicious performances for gaining blessings.

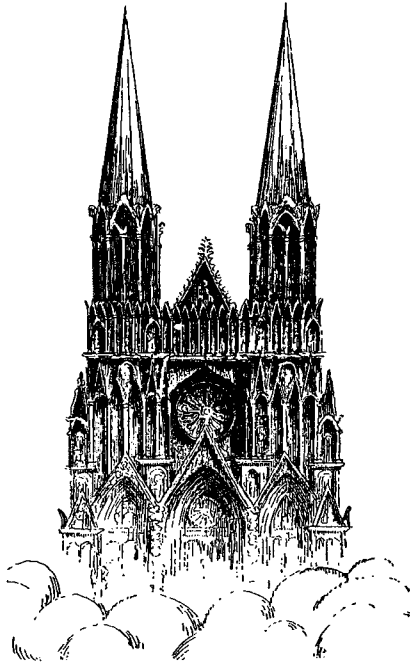
Questioned on such matters, Gautama, the Buddha, pointed out that the best performance for acquiring blessings was not to keep company with fools but to associate with the wise and to honor those worthy of honor. He also recommended the support of one's parents; the cherishing of one's wife and children; proficiency in handicraft; acquiring profound knowledge; and paying strict attention to social behavior and speech.

To those prepared for further instruction, Gautama offered the practice known as the *Four Brahma-Viharas*, or the Four Divine Abidings, which are *loving kindness, compassion, gladness, and equanimity of the mind*. Equanimity succeeds when any tendency to resentment or indifference has subsided and the equality in all beings can be seen. Gladness succeeds when the joy for the success of others is shared and aversion and boredom have subsided. Compassion succeeds when cruelty and grief no longer produce sorrow. Loving kindness succeeds when ill-will and hostility subside and selfish affection and greed no longer masquerade as friends.

Those developing the soul personality will see how the practice of these Four Divine Abidings will bring about the bliss of insight here on the earth plane and will also prepare them for the existence on the cosmic plane of consciousness where the opportunity for divine service to humanity is immeasurable.

—Sister Vajrā, F.R.C.

***The
Rosicrucian
Digest
June
1980***



The Celestial Sanctum

Which Is the Way?

by Robert E. Daniels, F. R. C.

THE WAY of life which each of us has chosen is the result of many influences. Not only has our present environment and the influence of our friends and relatives contributed much to what we are, but our personality and character have been influenced by our past. The experiences of other lives have also helped to make us what we are.

Perhaps the most dominant influence upon each of us comes through our own thoughts. It is little realized why this is so, but it remains that each of our daily thoughts—particularly the thoughts' emotional influence—has conditioned our state of awareness and outlook on life.

The person who is cheerful and happy, sympathetic and kind, and outgoing and helpful to others did not become so by chance. Who he is and his reactions to daily events are the result of many years of experiences which have conditioned his outlook in a most positive way. But most of all, his positive and cheerful outlook is the result of an inner harmony which he has consciously or unconsciously brought about by attuning periodically with the divine nature of his being.

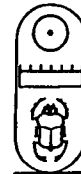
Value of Attunement

Attunement with the inner self results in a notably remarkable influence upon the character and personality. The outflow of the divine and spiritual influences of the inner self to our objective thinking and state of awareness is very strong and positive, and results in a cheerful and constructive disposition. One smiles and laughs more easily. The mind becomes more creative because one is imbued with intuitive ideas about solving all kinds of problems. Most of all, attunement gives a tremendous sense of confidence and faith—even an optimism beyond reason. There is a great feeling of peace and inner satisfaction together with the strong desire to be more actively engaged in living life more fully and creatively.

Well-attuned people become the leaders in business and community life. They feel a persistent inner desire to achieve and use the blessing of the creative forces within to serve a useful purpose. The world is what it is today because there were people so imbued with the light of the Cosmic working through them that they became the leaders of humanity and created new societies.

Nevertheless, such influences coming from the Cosmic can still be used for selfish and negative purposes. All the more reason why everybody, and Rosicrucians in particular, should use the abilities and techniques they have developed for positive and constructive ends.

(continued overleaf)



The influences of the Cosmic working through your personality will not necessarily make you mystically inclined in each incarnation. Instead, there may be other achievements in business or political life which your personality needs to balance its expression. It is good that this is so, otherwise the daily life and trials of humanity would be even greater. There are occasions in each cycle when we must fulfill our obligations to mankind and work in areas where our insights and creative achievements are needed most. Think how much good you can do when you place your heart and mind in communion with the great mass of humanity! Where you feel the strongest need in your own soul is where your spiritualized thoughts should be focused. By so doing, you will be surprised at your good work.

The way of life for those who are aware of the needs of others is to focus the spiritual radiation of positive visualized thoughts in areas of great need. By doing this, a new way of life and a greater

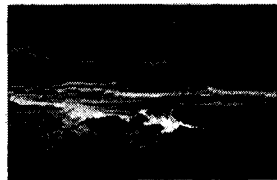
flow of divine consciousness will be expressed in our consciousness. Our daily outlook will blossom into a cheerful, loving disposition which will prove to be a great blessing to many.

May the light of the Cosmic ever be with each of us and the radiation of a loving heart flow from our being to all mankind.



The Celestial Sanctum

is a cosmic meeting place. It is the focal point of cosmic radiations of health, peace, happiness, and inner awakening. During every day, periods for special attunements are designated when cosmic benefits of a specific nature may be received. Nonmembers as well as Rosicrucian students may participate in the Celestial Sanctum Contacts. Liber 777, a booklet describing the Celestial Sanctum and its several periods, will be sent to nonmembers requesting it. Address Scribe S.P.C., Rosicrucian Park, San Jose, California 95191, stating that you are not a member of the Order and enclosing twenty-five cents to cover mailing.



Cover The latent force of the sea is more evident in the menacing storm than in the vast tranquility of a sunlit blue sky. There is an impressiveness about nature in a stormy sky and lead-like sea. This month's cover photo is of the Pacific Ocean off the California coast.

(Photo by AMORC)

ATTENTION, HIERARCHY MEMBERS

Those who have attained to the Hierarchy and understand the purpose and importance of these special Contact Periods are invited to participate in and report on the following occasions.

First, *mark the dates* given below on your calendar. Arrange in advance for a few uninterrupted minutes at the given hour. While benefiting yourself, you may also aid the Hierarchy. In reporting to the Imperator, please indicate your key number and the *last monograph*, as well as your degree. The Imperator appreciates your thoughtfulness in not including other subject matter as a part of your Hierarchy report.

Thursday, August 21, 1980
8:00 p.m. (your time)

Thursday, November 20, 1980
8:00 p.m. (your time)

It is requested that those members of the Hierarchy who desire to participate in these periods prepare a little card showing these dates—to be placed in their wallets or some other convenient location where it will be a continual reminder of the next Hierarchy Contact Period. Such, of course, should be changed with each announcement of future dates.

**The
Rosicrucian
Digest
June
1980**

Music, Man, and Mysticism

by Charles G. Wheelock, F. R. C.

AS MANKIND PASSES from one experience to another, he comes across a fundamental fact of life: music is everywhere! There is music in breathing, in footsteps, in talking—even the clink of glassware will produce a musical note. Awareness is a basic principle of mysticism. As one grows and expands, he will find how music, man, and mysticism are all related.

From the previous, one may feel that breathing, glassware clinking, and someone speaking are not music, but random sounds. Feelings, however, depend upon perception. When Claude Debussy's wondrous tone poem *La Mer* was performed for the first time, many critics commented that it sounded like random noise with no theme, no thread of logic. Those comments reflected their consciousness, their inability to hear what Debussy was saying.

This article is not intended to be a dissertation on music, but an understanding of some basic music theory and operation is helpful. Most music is built upon what is called the diatonic scale, which is composed of eight notes. Each note has a particular vibratory rate. The notes' spacing and combination creates a particular harmony. The law of the triangle, an intrinsic law of nature, applies to the basics of interval harmony as well. If one chose any diatonic scale at almost any point and counted in threes, he would find what is called a basic chord.

As already stated, chords have three basic parts corresponding to the law of

the triangle. A piece of music also has three basic parts: rhythm, melody, and harmony.

Rhythm is the "backbone" of music. It is the base of the melody and harmony. Without a strong rhythmic feel, music lacks any solidity. Rhythm is based upon time, and time in music is based upon meter. The pulse or accent's placement in time will give a metric feel to the piece. For example, you may be listening to a particular piece of music and observe a rhythmic feel; strong-weak-weak-weak, strong-weak-weak-weak. That piece of music is said to be in four-four time. The same holds true for waltz time. Its rhythmic feel would be strong-weak-weak, strong-weak-weak. Rhythm is based upon time, and time is related to consciousness. (continued overleaf)



AMERICAN MUSIC CONFERENCE, CHICAGO

Melody is the story line of music; it is the passion, love, and tenderness of a particular work. Depending on how it is used, melody can be the color of the musical work. Melody is the director of the music—the rhythm depends on it, and the harmony colors the melody. It is the ideal of the composer personified. Beethoven's Ninth Symphony is the ideal of universal brotherhood actualized in rhythm, melody, and harmony. To me, the spirit of cosmic awareness has not been more dramatically portrayed than in this, Beethoven's last symphony.

Blending of Colors

Finally we come to *harmony*, the color of music. In fact, music borrows a term from the world of color: chromatics. In painting, chromatics is the gradual blending of the various colors of the spectrum: red slowly blends into orange, orange into yellow, and so on. Chromatics in music are the half steps: F to F#, G to G#, etc. Harmony is the blending of musical opposites. A particular dissonant interval, when played by itself, sounds very unpleasant. Yet, when one note in harmony is added, it blends the other two so that they no longer sound unpleasant; there is now a pleasing sound. The music of Johann Sebastian Bach is a good example. His music is the definitive example of this half step or dissonant blending. Despite their secular content, the cantatas that he penned can be a very effective tool in attuning with the inner self.

We now arrive at one of the most important principles of music—the principle of tension and release. At the beginning of most pieces is the I chord, or home chord. When you hear this chord, it is stored in the subconscious mind. As the music moves from the home chord to subsequent chords, tension is created—yes, tension, but only in the mind of the listener. The composer utilizing this principle can weave a story of hope, fear, exaltation, or any emotion that people know well. Even if they're not aware of it, people expect the release of this tension, or the return to the home chord. The weaving of this tension and release can be infinite. It can be a bombastic roar moving to the release point, or it can be the notes' gentle whispering to conclusion. The varieties are endless.

They depend upon the imagination of the composer, the performer, and the listener.

Mankind is the composer, the performer, and the listener in his own life. Our own thoughts make our brand of music. What we choose to hold in our consciousness molds our character, and our character molds our personality. Do we choose to hold discordant thoughts or harmonious ones? If we find that we are choosing inharmonious thoughts, our performance will become discordant. Then again, as listeners we reap the harvest of the non-release of tension; it climbs higher and higher. The harvest is poor physical and mental health. If we choose to hold thoughts of love and peace, we reap the rewards of a performance that is in harmony with the cosmic forces, and we have the added rewards of an infinite storehouse of magnificent compositions. We can then play upon the cosmic keyboard with added assurance.

Our one chord is born with us when we take our very first breath. This chord is the beginning of our particular symphony. It is our key, and as we go through life we find that we experience periods of tension and release. We cannot escape tension. We can, however, make the period of tension harmonious. We might find that if we add one note, that area in our life becomes harmonious, though there is still tension.

The key to adding this harmonious blend to our lives is visualization. If there is a problem that needs to be solved, all that one need do is *see* the situation solved in the best interest of all concerned. The problem will not be solved like magic—we must work—but the inspiration to see the struggle through will be there, along with the method with which we need to work.

Keeping in mind that we are working much like the symphonic composer, we slowly add to our melody—it is the director—then to our rhythmic pulse, and finally to our harmony. When we are adding our ideal to the screen of consciousness, we must have adequate concentration. Without this we will not have a strong picture. The tone picture will be weak and the magnetization will not be correct. We will not realize what we have visualized. Finally, we release the picture, the idealized image, and let the inner self take over, expecting the prob-

lem or visualization to be actualized. We have now set this particular part of our symphony into motion. We will reap the rewards of our concentrated thought vibration.

Vibratory Patterns

Thought, like music, travels in a vibratory pattern and is registered in our auric pattern. We can have a profound influence over our own lives and the lives of others if we just sit and reflect over the implications of our thoughts being finalized in our aura, while keeping in mind that our auras have an influence over material affairs.

In Rosicrucian teachings, we study a series of vowel sounds that effect these changes in the auric pattern. The physical as well as the psychic's body vibratory pattern is altered by the intonation of these sounds. These vowels correspond to a musical note, a color in the solar spectrum, and a chemical element. When

someone intones them at regular intervals, the changes will be like adding a single note, as spoken of earlier. There will be added harmony in one's life. These vowels should be used in conjunction with visualization.

This now brings us to the core of mysticism. One needs to understand what mysticism is to reach its core. The major goal of mysticism is union and communion with the inner self. The inner self is man's direct link with the omnipotent creative forces of the Cosmic. Communion with the inner self will bring one into greater awareness of his personal relationship with He who created the seen and unseen worlds.

Music is one of the finest tools of the aspiring mystic. Music can inspire our finest and noblest emotions. When used in conjunction with vowels, visualization, and meditation, music can uplift our consciousness to that unseen world where peace, love, and harmony prevail. △

Good is the content of whatever men call happiness.

—Valdivar

In Memoriam . . .

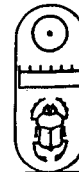
On February 23, 1980, a beloved brother, Dr. J. C. Guidero, Deputy Grand Master of AMORC, passed through transition in Los Angeles. Frater Guidero was of inestimable help in building the Order in Southern California during the 1930s and 1940s. He spent a great deal of time with Dr. H. Spencer Lewis—planning conclaves, lectures, and the formation of associate groups in his area, and driving to San Jose whenever called upon for his advice and help. He was known to members throughout the world for his warm and charming personality.

CONSTITUTIONAL GUARANTEES

The Rosicrucian Order, AMORC, operates under constitutional rule. This assures each member certain rights and privileges in connection with his membership. We feel that every member should be aware of these rules as set forth in convenient booklet form. The thirtieth edition of the *Constitution and Statutes of the Grand Lodge of AMORC* is available for \$1.25*. Order from the Rosicrucian Supply Bureau, San Jose, California 95191, U.S.A.

California residents, please
add 6% sales tax

*Other Currencies
£.63 A\$1.13 NZ\$1.25
¥.83 R1.08



The Path to Mastery

— by H. Spencer Lewis, Ph.D., F.R.C. —

THERE IS but one road, *one way*, by which mastery of self and mastery of fate is attained. It is through the proper and systematic study of nature's laws, the laws which govern the universe, govern man and affect man's relation to all that exists.

To know man's true relation to the universe and to other men, to know man's unlimited powers, latent possibilities and unused fortitude of mind and soul, is to make each man a power for greater constructive, creative good; a success *in* the world, a credit *to* the world, a real part of the world.

Mastery of one's own powers, abilities, and potent forces, working in harmony with all of nature's rules, attuning with the Divine Mind, maintaining a poise of peace and radiant love, is mastering *fate* and conquering the contesting forces which come from darkness and ignorance.

More important than seeing with the mortal eye is seeing with the eye of

intuition. Greater than hearing with the mortal ear is hearing the voice of the inner self and the voice of the countless master minds which speak without tongue. In the world of creation and accomplishment far more commanding than the learned lips and dictatorial voice is the silent influence of a dominating will.

Intellectual mastery of the material knowledge of the world suffices only in the mastery of the material problems, and leaves every man to battle with his wits to hold and maintain that which he has but lately won. Nature knows naught of this material warfare and majestically stoops to help those who understand her ways and cooperate with her in universal construction, benevolent creation, and human progression.

Man's Illusions

Man has ordained for himself and for his children, schools of illusions and effects. He revels in his education of phenomena and is delightfully ignorant of the fundamental causes—even of his own existence and the meaning of life.

Schools and branches of science vie with one another in the propounding of theories, explanations of observations, and the promulgation of illusive hypotheses. Books are written as authorities for every phase of nature's manifestation often to become obsolete, untenable, and rejected before the printing is finished.

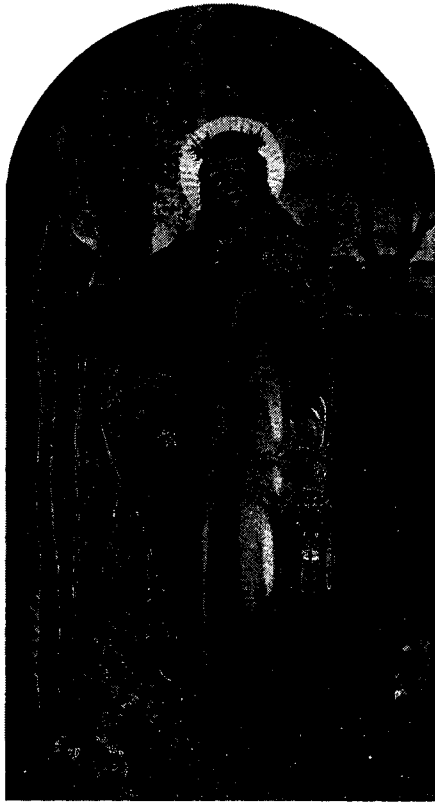
Children are born, raised, and educated with a limited understanding of nature's most helpful laws, and with absolute ignorance regarding the powers and abilities that are resident within the soul and mind of the inner, or real, self.

Children grow into adulthood and as men, successful or failures, are unable to utilize the forces which would turn their paths into the highways of life's real

This article is from a booklet entitled *Man Triumphant* by Dr. H. Spencer Lewis, past Imperator of AMORC. It was written as an introduction to the Rosicrucian Order, AMORC, over sixty years ago. Its clear presentation of idealistic and practical principles is timeless, and therefore we take pleasure in publishing this extract from the booklet. The booklet is long out of print. Other excerpts from *Man Triumphant* will appear in future issues of the Rosicrucian Digest.

—Editor

***The
Rosicrucian
Digest
June
1980***



mission, and cannot combat the destructive forces of disease, disappointment, disaster, or dejection.

The age of higher accomplishment through higher aim and a higher power is here. Call it the Aquarian Age, the Metaphysical Age, the Awakening Age, or the New Age. The prevention of disease is the keynote of all therapeutic research, and in like manner the prevention of failure in life, the prevention of sorrow, the prevention of sin by a true understanding of God's laws and man's salvation, are the principles and laws which constitute the *great truths* now being sensed by all and being taught to those who seek for the Light.

Man is to enter the Kingdom of Light and to emerge from the feudality of darkness. Man is to be the master of his fate, the master of self, the captain of his soul. God so ordained it in the beginning when He created man in His own image—in

His spiritual image He created man. Man's real fall was not from essential goodness, but from the mountain of understanding into the valley of ignorance and superstition.

Superstition we find fostered on all sides by the gluttons of material gain and the hierarchy of commercialism. The forces of evil, rampant in the past, still crouch in hiding, ever ready to prey upon the weakness of man in his inability to compete with the cunning of the world.

Truth must be given with unbiased intent and unprejudiced conception. God's laws are without creed, nature's manifestations for all alike. Sectarianism, personal idolatry, dogmatic limitations, and earthbound beliefs have no place in the presentment of *truth* as the revelation of facts.

Search for Truth

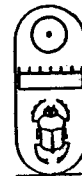
Through all the ages there have been sages, illuminated and inspired minds, who have given their lives to the search for *truth* and the spreading of the Light. From the dawn of civilization in Egypt and into the establishment of every new kingdom of man, these avatars of truth, these torchbearers of Light, have gone with unselfish purpose and with personal sacrifice to redeem man from no other serfdom than that of ignorance and superstition.

The wisdom of these sages, accumulated through centuries of time, through ever-changing periods in the evolution of man, have been added to, perfected, preserved, and made simple in comprehension for all who would come to the door of the Temple of Light and feast with the sages of life.

Of all the organizations created and maintained, sponsored and supported for the sole purpose of unselfishly disseminating these truths, there is none so old in principle, so original in purpose, so successful in its mission, and so ready to give to the masses that which it has unified and proven true, as the movement known today by the symbol of its name—AMORC.

Known to the scientific and metaphysical world as the Rosicrucian Brotherhood, and ever preserving its dignity and cherished reputation by the use of various

(continued on page 26)





MINDQUEST

REPORTS FROM THE RESEARCH
DEPARTMENT OF ROSE-CROIX UNIVERSITY

Harmonium— the Balance of Mind and Body

FREE, CREATIVE PEOPLE often report feelings of inner well-being, harmony, and health. They see their world as changeable and transient, and freely adjust their attitudes and realities to fit the changing situation. The acceptance of change and the exercise of the freedom to choose among the multitude of suitable possibilities are the goals and work of the advancing Rosicrucian mystic. Attaining these goals brings mastery of self, harmony, tranquillity, and inner confidence.

Nevertheless, most of us see stress and illness in our worldly environment and often experience them within ourselves as well. What hinders the sincere student from achieving his goal? Fixation, energy stagnation, and attachment are often primary sources of this stress and illness. These situations signal that we are no longer exercising our creative abilities. We have forgotten creative, imaginative living as we fall into the limited reality of a determined, fixed, and mechanical world. Some factors contributing to this dilemma may be our thinking of the body as only a vehicle for the mind, and of the mind as the brain, and of the brain as a master computer center that collects information about the world and reacts to that world. Aside from minor discrepancies, however, all brains and bodies are essentially the same. How, then, are we to account for our differences?

Some scientists and scholars say our differences arise from the unique combination of genetic heritage; social, cultural, and physical experiences; and instincts that form individuals' lives. Such a mechanical system seems to include everything except the most important quality of *being human*—that aspect

which makes each of us unique—the ability to create, envision, give new form to the world, and the capacity to be enthused, appreciate, know. Actually, we create every time we experience the joyful flash of sudden understanding or find a new way to do something or make something beautiful. In fact, almost everything we do draws upon our creative imaginative capacity to some degree. If we no longer feel creative, we should look for the mental block which is formed when we equate the mind with brain functions only.

A machine tends to react in pre-designated designed ways. If we accept the idea or the visualization of our bodies and minds as machines whose functions are determined by external circumstances, the creative, *knowing*, human quality in us soon becomes a stranger. As our bodies become separate from us—the creators—they become alien, and potentially threatening. Is it any wonder that we begin to block the creative forces from parts of the body? Is it any wonder that we become attached to any situation that gives temporary shelter from the awareness of our alienation? When attached to a situation or to the perpetuation of emotional moods or attitudes of alienation, we are dominated by that attachment; our lives are controlled by a desire for more and stronger attachments and by a fear of losing attachments we already have. Where, then, is our ability to freely create? Where, then, is our ability to direct the forces that shape and form our lives?

Rather than seeing (or visualizing) our bodies and minds as separate entities,

*The
Rosicrucian
Digest
June
1980*

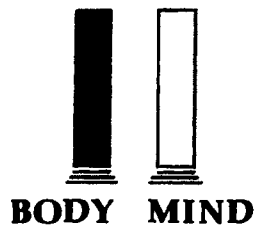
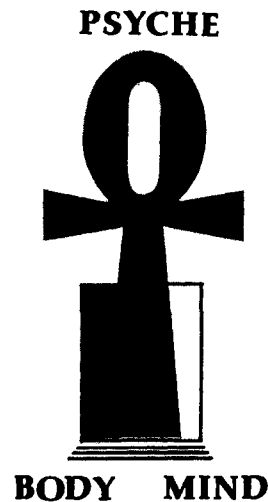


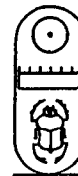
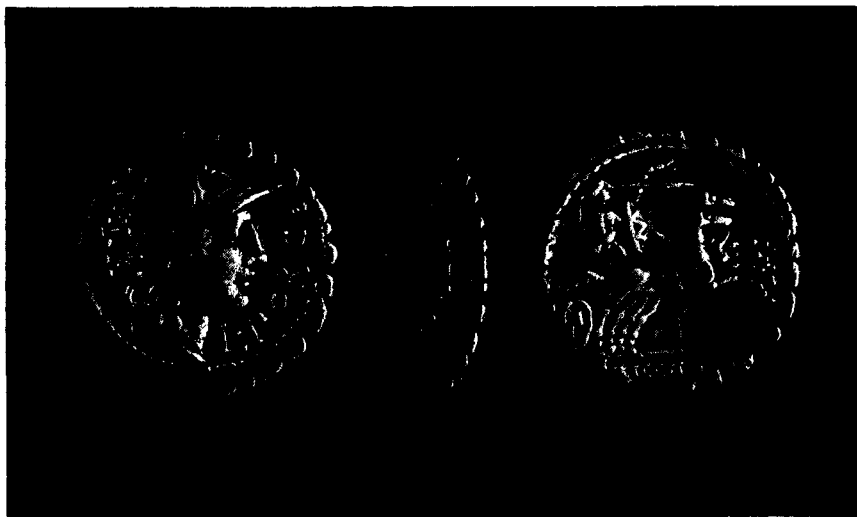
Figure 1 (above) and Figure 2 (right). The Roman Republic coin (Figure 3, below) dates from 111-109 B.C. and is from the private collection of Burnam Schaa.



such as the pillars depicted in *Figure 1*, we need to perceive (visualize) a relationship of mind and body. For this relationship to be connected and balanced, we need a fulcrum. One possible fulcrum might be the concept of *psyche* or *soul*, the third aspect of the triune nature of the human being, as symbolized in *Figure 2*. One functional definition for such a soul aspect is that it is the symbolic viewpoint from which we perceive the whole self; the total perspective we learn to attain when we become "silent observers"

in meditation. The directive and motivating purpose in our existence is this sense of wholeness.

Mind and body are inner and outer worlds where we experience, learn, and manifest our creative potentials, and learn to understand ourselves as co-creators of this universe. When we become aware of the purposive, central depth of our beings, we become aware of our soul personality and the psychic forces within. Opposites, dualities such as mind and body, can then be seen as two sides of the



same coin—a coin that possesses *depth* and *force* between opposite faces. (See *Figure 3*.) All the dualities of creation are interconnected by principles of depth and force. We fail to perceive the whole when we define ourselves by any of its single aspects, as when we identify ourselves only with our cognitive, rational minds, or with just our physical or emotional responses.

To become soul-conscious again, we may need to deepen our awareness of the greater purpose within, that reason for being which we perceive when we are mediators in our lives. Paradoxically, we may find that we must attach ourselves to a higher goal or greater reality to free ourselves from our present restrictive attachments. Yet, as we free ourselves we may come to realize that even *this* attachment is temporary. But temporary attachments are helpful too. They allow us the opportunity to expand our realities through experience, to attain to still higher goals, and to encompass more of the purpose and actuality of our being. Ideally, then, our realities (temporary attachments) are *fluid instruments*, helpful to our appreciation of actuality and purpose.

As an example: Before birth we are attached to our mothers. Then we become attached to our bodies. Attachment is a fundamental aspect of living. Growing beyond our present attachments is like climbing a mountain. Before progressing beyond one footing, we must see or feel the next step—what lies ahead—and be willing to move toward it, leaving our present level behind. This process is ongoing, continuous.

As we grow, or climb higher, we envision expanded vistas and perceive greater realities. We constantly step, rest, and become reattached and the present reality and attitude dominates us. We need a spirit of adventure so we are able

to continuously strive to ascend to that next step, perhaps an unknown plane of conscious awareness. It is best to accept changing attachments as a natural part of the cycle of living, with the realization that every time we are able to move beyond an attachment we become free to creatively choose among courses of action. Such flexibility earns us increasing opportunity to master our health and harmonium.

Beyond attachment to any one part, we may come to a greater realization of the brain and body as different expressions of the same thing—the unique part of the Cosmic we associate with soul personality. When we are able to inhabit our bodies and utilize our brains as necessary parts of a living vehicle of soul, we can then listen, and *experience* HARMONY. The soul within each of us will show us the workings of the psychic forces that regenerate and restore the trinity of mind, body, and psyche, and allow the creative energy of the Cosmic to flow unimpeded through the seven major psychic centers. In next month's *Mindquest* we will explore a musical model which may provide new insights about how the psychic centers produce this harmony in our bodies.

—George Buletza, Jr.;
Richard A. Rawson; J. Schaa

Selected Reading:

- Bukay M. (1977) The circle: american indian guide to understanding, *The Rosicrucian Digest* LV(6):8-11, 32.
Buletza, G. F. (1977) Mindquest: creative expression—a marriage of the mind, *The Rosicrucian Digest* LV(6):17-19.
Buletza, Schaa, Bukay (1978) Mindquest: searching for the seat of soul; *The Rosicrucian Digest* LVI(12):22-25.
Gordon Rosemary (1978) *Dying and Creating: a search for meaning*, Vol. 4, Library of Analytical Psychology, Publishers: The Society of Analytical Psychology, Ltd., 30 Devonshire Place, London WIN IPE.
Jung C. G. (1960) *The Structures and Dynamics of the Psyche*, Collected Works, Vol. 8, Bollingen Series XX, Princeton Univ. Press, New Jersey.
Lewis H. Spencer (1931) *Creating your future*, *The Rosicrucian Digest* LV(5):27-29 (reprint).
Schaa Burnam, Buletza G., Schaa J. (1979) Mindquest: initiation into an unknown, *The Rosicrucian Digest* LVII(3):22-26.
Schaa J. (1976) Spirit, soul and life energies—the energetics theory of C. G. Jung, *The Rosicrucian Digest* LIV(5):18-21.

*The
Rosicrucian
Digest
June
1980*

ROSICRUCIAN CONCLAVE

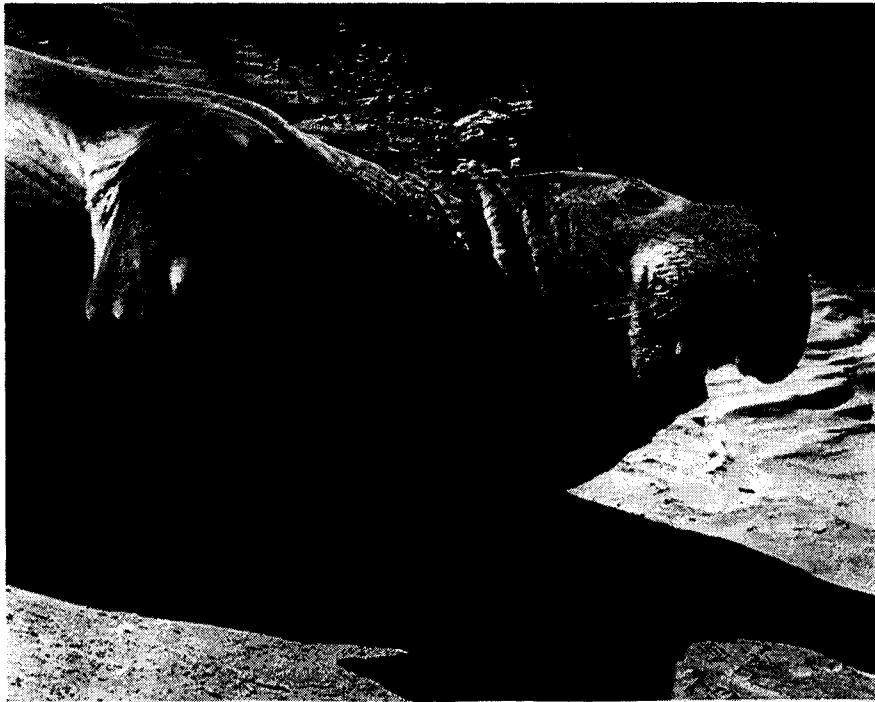
ENGLAND, BRIGHTON—United Kingdom Regional Conclave—August 29-31, at The University of Sussex. Grand Lodge will be represented by Frater Burnam Schaa, Supreme Treasurer of AMORC. For more information, please contact Dora M. Rimmer, 1, Darwin Court, Gloucester Avenue, London NW1 7BG, England.

Mammoths of the Sea

by Ernie Holyer

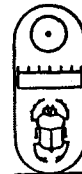
NORTHERN elephant seals, *Mirounga angustirostris*, were first seen by Europeans in 1542. Juan Rodríguez Cabrillo, exploring the Alta California coast for Spain, took shelter from winter storms at San Miguel Island in the Santa Barbara Channel. While wading through the surf, he injured himself and died of complications, January 3, 1543, within earshot of the great elephants of the sea. Canalino Indians, a tribe of Chumash, plied their whaleboats around beachheads filled with these mammoth seals long before Spaniards entered the stormy channel.

The northern species bred in a thousand-mile stretch from Cabo San Lazaro, Mexico, to Point Reyes, north of San Francisco. Southern elephant seals, *Mirounga leonina*, a closely related species, were first sketched and reported by Commodore George Anson in the early 1740s. In charge of a small fleet, Anson sailed into the Pacific to capture Spanish treasure ships. Having lost three vessels around Cape Horn, he stopped at Juan Fernandez, where the crew of his flagship *Centurion* ate the beef-like flesh of this "amphibious creature." ➡➡



TOM BULLOCK, PENINSULA TIMES-TRIBUNE

Elephant seal on beach at Año Nuevo State Reserve near San Francisco, California. This young male has a relatively short proboscis and few dueling scars on throat. Note knuckles in flipper.



The range of the southern species is circumpolar and stretches around the antarctic mainland and subantarctic islands. Colonies are found on the Falklands, Crozet, Kerguelen, Macquarie, Campbell, and other islands. South Georgia boasts the largest breeding colony. Captain James Wedell, English sealer who navigated in antarctic waters in the early 1820s, estimated that at least 20,000 tons of elephant seal oil were obtained from this island. Members of the British Antarctic Research Expedition of 1922 found ancient seal bones scattered far and wide while their tiny vessel *Quest* anchored at South Georgia.

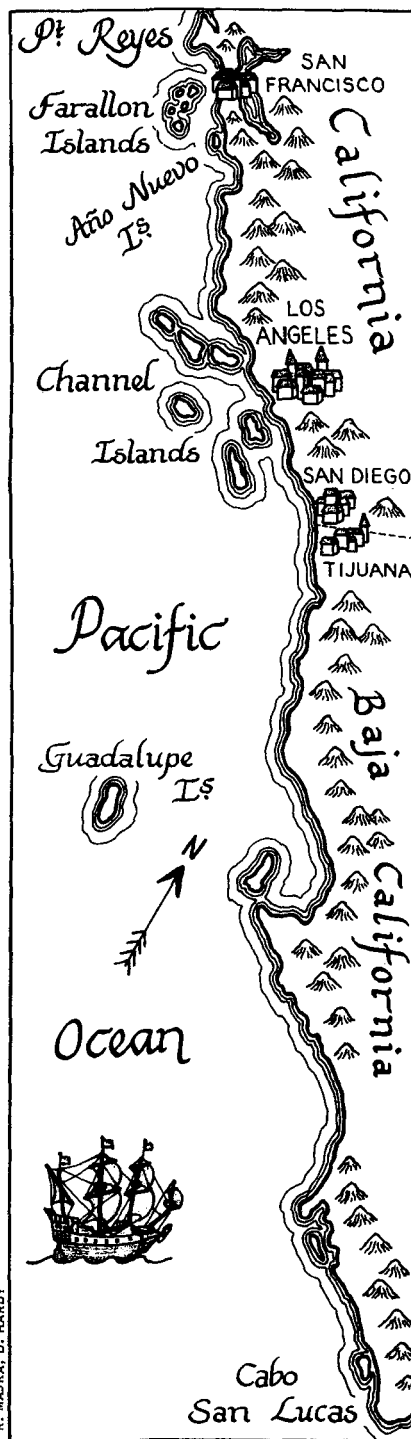
Elephant seals, largest of all pinnipeds, are double the size of walruses. They are true seals belonging to the family Phocidae. Ears and sex organs are located inside the body for maximum streamlining. The fore flippers steer and balance. The joined hind flippers (which must be dragged over the ground) propel the seal in the water.

Diving and Feeding

Sea elephants are highly adapted for deep water dives. They can descend 1000 feet, stay below nearly half an hour, and surface a mile away. These majestic mammals feed on non-commercial fish—skates, small sharks, dogfish, ratfish—and squid, all of which they swallow whole. When the seal dives, it exhales and the nostrils close. Special valves shut off blood circulation to all but the heart and brain. The heartbeat slows from 150 to 10 beats per minute, depending upon the depth of the dive. Blood coagulation is reduced and the metabolism slows down.

As hydrostatic pressure increases, the lungs collapse and any remaining air moves into the trachea. Unlike human divers, elephant seals do not worry about getting "the bends." Surfacing, the seal exhales forcibly and refills its lungs. On land, it frequently suspends breathing for minutes at a time. Sealers of old reported that certain resting seals were impossible to prod awake.

Sealers did not go after elephant seals until whale herds were depleted. The great seals, massed together for breeding purposes, showed no fear of man. The scene changed between 1818 and 1860,



R. MAJKA, D. HARDY

***The
Rosicrucian
Digest
June
1980***

when mariners from many nations hunted them for their oil. Captain Charles M. Scammon left a vivid report of sealing operations, which was published in 1874. Significantly, Captain Scammon added, "Owing to the continued pursuit of the animals, they have become nearly if not quite extinct on the California coast."

Northern elephant seals were, in fact, reduced to a tiny herd which had bred on a virtually inaccessible beach on the Island of Guadalupe off the coast of Mexico. This remaining herd plunged to some *twenty* individuals, according to census data of 1907. Four years later, the Mexican government began to protect its rare elephant seals. The Guadalupe herd multiplied slowly, due to low birth rates, high pup mortality, parasites, and predators.

Starting in the mid-1930s, adventure-some males managed to attract females to other islands. This expansion has continued from northern Mexico to central California.

In the world of the elephant seals, largest of all seals and one of the largest animals on earth, only the strongest and healthiest males sire the new generation. It is thanks to these superb genes that sea elephants, once nearly annihilated by commercial sealers, have made a comeback and carry on their unique social life today. "At the time of its bottleneck, the effects of random drift and inbreeding on the population as a whole would have been amplified because of the small size of the remnant herd," state two scientists, Michael L. Bonnel, Thimann Laboratories, University of California, Santa Cruz and Robert K. Selander, Dept. of Zoology, University of Texas, Austin, who collected and analyzed blood samples from 159 elephant seals at five rookeries (*Science*, volume 184, 24 May 1974).

By the time a bull can assert himself successfully, he has survived puphood diseases and predator attacks. He has found food supplies in the deep ocean. He has outridden storms, ocean disasters, and two annual stays on land. More than ten or twelve years old, he is middle-aged by human standards. He is strong and able to withstand the total fast of three months required of a harem bull. He may weigh 5000 pounds and exceed 16 feet in length.

Only the fittest males endure this ordeal on dry land, where the lack of buoyancy drains their energy. The immense body quickly overheats, for nearly half of the seal's weight is blubber, a cold water advantage that backfires on a sunny beach.

Elephant seals do not fight for territory, as do fur seals, but for dominance, status, rank. Elimination bouts on sandy or rocky beaches are violent but of short duration. Rarer fights in the surf may last to 45 minutes. Once an inferior male has been defeated he will not charge the victor again.

Mating

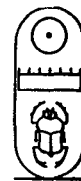
Studies made on Año Nuevo Island, south of San Francisco, by Burney LeBoeuf, Associate Professor of Biology and Psychology, University of California, Santa Cruz, show that the alpha bull does all the mating if his harem numbers up to forty females. When harems grow larger, the next high-ranking males move in.

Only males have a proboscis, the trunk-like nose appendage that inflates and serves as a resonator for the bulls' combat calls during the mating season.

The dominant bulls protect birthing and nursing cows by keeping away hundreds of subordinate males who would wreak havoc on island beaches crowded with the smaller females and their pups. The mothers come into season twenty-four days after delivery and are bred. When the females return to the sea, at the end of the breeding season, they are already impregnated. The mothers abandon pups which have grown barrel-round on milk that contains forty percent fat. The phenomenon of delayed implantation allows the females to deliver again in a year. The fertilized egg remains dormant until after the mid-summer molt when the seal's hide peels off in shreds. A lucky pup may enjoy a lifespan of twenty years.

Elephant seals are still in the process of claiming former breeding grounds. In 1961, the first pup was born on Año Nuevo Island, then the seals' only rookery north of the Channel Islands. In 1972, the seals started to breed on the Farallon Islands, off San Francisco, where they

(continued on page 33)



Projection to Outer Space

—by Ralph M. Lewis, F. R. C.—

MYSTICS have wondered: Is it possible to project the psychic body to other worlds or planets—perhaps on the other side of our universe—and contact other life forms that may exist there? Are there any known reports of anyone actually doing this?

Before considering the matter, let us first factually review the vastness of outer space. Its precise limits, if any, are not known by man. The distance of celestial objects such as stars, planets, and nebulae is determined by light; in other words, the speed of light is their measuring rod. The speed of light is 186,327 miles per second. It is the *only known absolute* today; man is aware of nothing that transcends it. *One light year* is the distance that a ray of light travels in one year. This is slightly more than six million, million miles!

The Andromeda Galaxy, a nebula, or another universe, is 2,200,000 light years away. Now, if we think of *one* light year as consisting of a distance of six million, million miles and then multiply that number by the total light years that Andromeda is distant, we are unable to comprehend such vastness. Yet, astronomy has estimated that there are an infinite number of universes and many of them, as Moffei, far exceed the distance of Andromeda in light years.

Our own galaxy, the Milky Way, has a diameter of about 100,000 light years. It takes our Sun 225 million years to make one revolution around the nucleus of our galaxy. It is light as an energy, however, that crosses those hardly conceivable distances to reach us. In fact, it is estimated that our little planet Earth was not even in existence when the light from some of these bodies began its journey to us!

But visible light is not the only energy of the electromagnetic spectrum that reaches Earth, as radio telescopes, for example, demonstrate. Thought is an energy generated by the human mind. That thought possibly could project itself beyond the human mind was long considered to be a fantasy of mystics. Those who believed that the transmission of thought was possible were unable to demonstrate it empirically. Their presentation of the subject was principally abstract and theoretical. The experiments they conducted were self-evident only to those who had a *psychic sensitivity* to this declared phenomenon. Others, having no means of perceiving “thought waves,” as they were called, rejected the whole subject as “imaginary,” at least.

Thought—An Energy?

Only in relatively recent years has academic science conducted experiments with telepathy or thought transmission in the realm of parapsychology. These early scientific investigators' statistics showed a substantial percentage of positive results meriting further investigation. But if thought were an energy that could be generated in the mind with sufficient potency to extend beyond the boundaries of matter and the limits of time, what would its nature be? In other words, would it have a property or quality that could be related to the electromagnetic scale of known energy?

The majority of physicists and psychologists, for example, were first inclined to discredit the statistics offered as proof of telepathy. They stated that such results were not derived from sufficiently controlled experiments. With the application of more sophisticated instrumentation, however, *thought* was then

**The
Rosicrucian
Digest
June
1980**



classified according to the type of waves it produced when electrodes and special recorders were attached to a subject. But the question still arose: Did this energy actually go *beyond* the brain of the thinker?

Today, there seems to be indubitable evidence of persons "receiving the thoughts" of others. There is hardly an individual who has not experienced this enigmatic phenomenon. Many individuals have reported receiving others' thoughts, even at great distances. This occurred outside of any thought transference experiment. Indeed, one of the astronauts told of experiencing a psychic sensitivity in this regard when in a satellite thousands of miles from Earth. Will thought energy therefore traverse great distances, unaffected by *space* and *time*?

Some of the reported successful cases show a concomitancy of transmission and reception. In other words, there was no obvious lapse of time, regardless of the distance. But then again, even light takes time to travel through space. Admittedly, there has not yet been the same exactitude of measurement of the speed of thought as there has been for light rays. The

known energy of the brain gives no evidence of having the potential to transmit over the distances which have been reported for thought. *If*, however, thought is capable of traveling at the speed of light, the swiftest known to man, then at least it can also be theorized as capable of reaching far into the vast depth of our galaxy—and beyond.

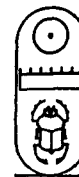
If a thought wave *could* travel at the speed of light to the nebula of Andromeda for example, it would take, as said, 2,200,000 light years! Quite possibly, there are celestial bodies in remote space on which exist intelligent life; but thoughts sent by humans would reach them only when the Earth was no longer in existence, perhaps but a cinder floating in space.

Even if beings as intelligent as man exist somewhere in outer space and were capable, as far back as a million light years ago, of knowing of our primitive ancestors and sending thought waves to them at the tremendous speed of light, we would only now be receiving those thoughts.

If transmission and reception of thought is *simultaneous* everywhere, as earthly experiments seem to suggest, then thought would have to transcend the rate of speed of any energy known to man. As yet, there is no proof of this—only unsubstantiated claims.

Communication Beyond Earth

One could theorize that these "superior" intelligences existing in other worlds have the mastery of a phenomenon far exceeding man's. More succinctly, these intelligences could use an energy to communicate thought waves without the limitations of space or time. If they possess such knowledge, then we could further presume that they would also be aware of the limits of human perception. Consequently, these outer space intelligences would need to find a means of making the human mind *conscious* of the energy at its disposal and its symbolism. Otherwise, there would be no general communication between them and man-



kind. As yet, the greater scientific minds of Earth have no evidence of such communication.

We cannot say what capabilities a great civilization of another world in outer

space may have attained. But for *now* there is no accepted, empirical proof of extraterrestrial civilization. Or perhaps man—humanity—is as yet unable to be aware of what other worlds possess. △

Thought Can Move the World

(from page 7)

Natural vibrations could now produce chemical, biochemical, physical, and metaphysical processes. It appears that the universe will continue to fall and expand while these creative forces are in active operation. Vibrating differently from the particles—yet working with the union of positive and negative charges—it takes cognizance of their rates of vibration.

Mind substance or consciousness is established by the universal element. Although ruling over the vibrations of things, it may be modified by their vibrations. Thoughts developed in the mind can affect other minds and become somewhat manifest in the ocean of mind,

which is universal. Thoughts, therefore, are important things, for although man does not operate the universe, he certainly makes use of mind power to an extent that produces a universal effect.

By meditation, the psychological axiom that an idea on which the attention is focused tends to realize itself can solve complex problems. The habit of positive thinking helps to gain control over one's destiny. Establishing a harmony between the divine vibration and that of individual thought produces a state of mind where self-realization becomes a fact.

Did God reveal Himself in nature by creating it? A naturalist, once accosted by an atheist, was asked, "You don't believe in God?"

"No," the scientist replied, "I don't believe—I see God."

If faith can move mountains, thought can move the world. △

Path to Mastery

(from page 17)

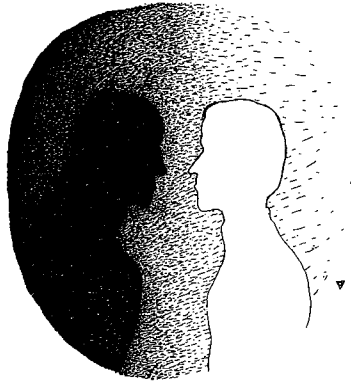
names for local or national bodies, this historical school of fundamental truths has ever been a leading movement in the uplift of man through the dissemination of nature's laws. As Lord Edward Bulwer Lytton wrote in regard to this brotherhood: "It is an august fraternity, whose doctrines—hinted at by the earliest philosophers—are still a mystery to the greatest scholars not initiated. Its members still prosecute their profound re-

searches into natural sciences and occult philosophy, and no monastic order is so severe in the practice of moral precepts." Sir Francis Bacon, who was the chief executive of the movement in England, devoted most of his writings and secret works to the advancement of its principles. In all ages, in all climes, the movement has worked diligently, secretly, and successfully for the one goal which constitutes its only reason for existence—the rebirth of man, the self-mastery of his divine abilities, and the building of a greater man through the Mastery of Fate. (From *Man Triumphant*) △

*The
Rosicrucian
Digest
June
1980*

Medifocus: Due to certain changes which will be made in Medifocus, this feature is being temporarily suspended and will appear again at a later date. Meanwhile, Rosicrucians should direct constructive thoughts of peace, harmony, and goodwill to our world leaders.

Dearest



Friend

IN A CONVERSATION with Charles Kingsley, the noted author of *Westward Ho!* and *Water Babies*, Elizabeth Barrett Browning is supposed to have asked, "What is the secret of your life? Tell me, that I may make mine beautiful, too."

To which Kingsley reportedly replied, "I have a friend."

I, too, was fortunate enough to have had a friend who made my life beautiful.

When my friend and I first met, we immediately liked each other. We found we were fond of the same things. We liked the same books, the same plays, the same music—Sibelius, Bach, de Falla, Gershwin, Dixieland and big bands—the same food and the same cocktails that preceded the food. My friend had a fine sense of humor. (I *know* the sense of humor was particularly discerning because my friend always laughed at my jokes.) We felt that a sense of humor was necessary to a wholesome existence, for it carried us like an air cushion over bumpy stretches on the road of life.

My friend, while not a true extrovert, did have few inhibitions. This lack of inhibitions was sometimes demonstrated

in public places as, for instance, by leading a conga line from the dance floor of a swank night club through the bustling kitchen and back to the dance floor; and, on another occasion, exiting a prestigious restaurant by riding from the dining area to the lobby on a waiter's serving cart.

My friend loved my family—my mother, my father, my sister, my son and my three daughters—and my family loved my friend. They knew my friend as one who could be highly critical of their actions and of their words—not only the naughty words which the children were admonished not to use, but everyday words. For my friend loved words as a professional author might, and tried to use them precisely. My youngest children were reminded that *farther* denoted "greater distance" and that *further* meant "additional" or "more," despite their occasional interchangeability. Another reminder was that "Him and me went" was as bad an abomination as "They went with him and I." My kids eventually came to respect the English language almost as much as they came to respect my friend.

My friend was generous, too; giving unstintingly of time and energy to help others, sometimes shedding tears of compassion over the troubles that besieged them. Like any good comrade, my friend ministered to my every need when I was ill or in despair, my spirit wounded by adversity. My friend was always at my side when I needed comfort or reassurance.

Then, after nearly thirty-five years of devotion, my friend was struck with an illness that was to become fatal. The illness dragged on interminably as it so often does after one is stricken with cancer and, finally, my friend was no more—except in spirit. Even now, long after my friend's departure, that spiritual presence is still with me, although I can no longer touch or be touched by a physical presence.

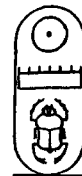
Yes, I had a friend that made—and still makes—my life beautiful. I had other friends, to be sure, but she was by far the best friend I'd ever had.

My best friend was my wife.

—Glenhall Taylor

He who has never tasted the bitterness of life has never known the sweetness of it all.

—Anonymous



Peace and Security

"... walk abroad without fear ..."

— by Daniel Bernard —

THE CAR was going fast, too fast. The driver could not swerve quickly enough to avoid the embankment. The passenger used a technique she had learned and was thrown from the car before it exploded.

A man lay quietly in his bed while a thief searched the dark room. The intruder padded toward the bed and raised his gun to the apparently sleeping man's head. The "sleeping" man used a silent method of self-defense and the thief ran from the house in fear.

The Japanese sat and calmly ate his bowl of food. Before the burly samurai sneaking up behind him could slice off his head, the man turned and uttered a powerful shout. The samurai dropped his sword and fled.

The mystic can recognize and understand security methods more deeply than the non-mystic can, and need not use popular techniques only in repelling danger, as the above examples show.

Man has always felt threatened, and consequently has always tried to be secure. Upon casually reading a newspaper, one can see that countries are armed, and that banks, warehouses, and large organizations use security forces to protect their interests. Homes are made safe and secure with smoke detectors, watchdogs, fences, locks, and even guns. Many city dwellers either know some form of self-defense, however limited, or carry a weapon or know of another way to repel an attacker or attract a policeman. Cars are equipped with many safety devices, too.

The mystic uses his keen eye to observe the laws of nature. He sees that security is one of nature's most freely given gifts, and that many creatures have built-in self-defense mechanisms. The rose has its thorns, a rhino its armor and horn; there are teeth, claws, wings, and poisons in the wild. Even the simplest forms of life eject or avoid something dangerous.

Security Mechanisms

Within the human body there are countless mechanisms of security. Skin reasserts itself after almost any injury and is impervious to many threatening conditions. The eyelashes are protective, as well as the hairs of the nostrils. The eye washes away foreign particles with tears. The body filters out many poisons and combats so-called germs when they are in excess. The well-known fight-or-flight reaction is another example of automatic—autonomic—security.

The psychically and physically developed mystic can insure his security without using physical force. Though animals and people resort to violence, a mystic can use the force of the Cosmic to defend himself.

Some mystical disciplines, including martial arts, present examples of men whose command of innate universal energy, known variously as *ch'i*, *prana*, *kundalini*, or Vital Life Force, allowed them to overcome amazing odds when in dangerous situations, such as being attacked, being involved in an accident, or being threatened.

In the *Tao te Ching*, Lao Tsu's doctrine of Chinese philosophy, the method of the



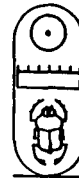
sage, the cosmically conscious individual, is described:

*He who knows how to live can walk
abroad
Without fear of rhinoceros or tiger.
He will not be wounded in battle.
For in him rhinoceroses can find no
place to thrust their horn,
Tigers no place to use their claws,
And weapons no place to pierce.
Why is this so?
Because he has no place for death
to enter.*

The sage's complete attunement and fullness of being provides him with total security.

The infinite power of the universe, when properly channeled, enables men to perform amazing feats. Some familiar examples are the smashing and shattering of solid objects with the hands, feet, and head. More esoteric techniques can stop another man's advance by shouting or pointing the palm of the hand toward the attacker in a particular way.

The aura can also be used as protection. The aura is an objectively invisible radiation of the life energy within someone or something. It can be controlled so that its vibrational rate will repel something threatening. Certain



vowel sounds judiciously used serve the initiate in self-preservation. Rosicrucian students are taught to use these vowel sounds, creative visualization, petition of the Cosmic, and prayer as effective methods of special self-defense.

Natural Law

Yet, for all the exotic self-defense techniques of man, animal, and plant—all the armies, guards, guns, spines, claws, and white blood cells—security methods are a cosmic veil. Self-defense is natural law, not an unnatural paranoia.

Though the Cosmic may appear to be at war with itself, that is hardly the case. The Cosmic is love, ever-harmonious, all-inclusive, One, balanced, and without strife. Peace Profound, the goal of all mystics, underlies every action of the Cosmic. The Cosmic is all that exists, thus one may consider so-called violent actions as manifestations of cosmic law, which emanates from an ultimately *peaceful* source.

Martial artists strive to practice self-defense in an utterly calm, peaceful state of mind, as described below.

His expression went blank as the four opponents approached from all sides. Slowly he began to empty his mind of disturbing thoughts, concentrating upon what defense to apply against what attacker. Soon his mind was as calm as the breeze and as reflective as the quiet surface of a pond.

*The first attacker received a rib-crushing side kick; another, a spinning back kick; the others suffered multiple injuries on skull and face. Through all this the master did not stir; all he was aware of was the gentle breeze against his face. When it was over, nothing had changed within him; all that remained were the crumpled figures of what were once attackers.**

The laws of nature are secure; they operate eternally, without question. The ocean's waves will continue their rhythmic motion, the sun will shine, the stars will always burn; life's loving, vibrant presence is everlasting whether or not the world "ends."

**The
Rosicrucian
Digest
June
1980**

*Official Karate, "The Calm Mind: Zen And The Art of Karate," by George R. Parulski, Oct. '79, pg. 34, Vol. 11, No. 86.

[30]

You may be appalled at the thought of a slaving wolf slaying and devouring a deer; you may be revolted by man's brutality to man; indeed, you may need to break the bones of one who would break yours; do not lose sight, nevertheless, of the immutable laws of nature working through these "violent" conditions. Know that peaceful forces are the base of everything. You, too, can attune with the Cosmic, study its laws and use them for inner and outer security.

Paradoxically, directing the peaceful power of the Cosmic can help the mystic survive a car crash, thwart a mugger, or render himself invisible to others. Harmony and attunement with the Cosmic are basic to success in security. △



DO YOU WONDER...

?

- if your dreams are prophetic?
- if accidents are predetermined?
- if your psychic development can be accelerated?

The **Rosicrucian Forum**, a bi-monthly magazine for members of the Rosicrucian Order only, answers these questions and more. A year's subscription to the **Rosicrucian Forum** costs only \$4.95.* Send name, address, remittance, and key number to: **Rosicrucian Forum, Dept. 33, Rosicrucian Park, San Jose, CA 95191.**

*£2.48 A\$4.50 NZ\$4.95 \$3.30 R4.30

by Dr. H. Spencer Lewis, F. R. C.

Supermen and Superwomen

WHILE most of the world is looking forward to the dawn of a new cycle when peace will reign throughout the world and business and economic conditions will start upon a new basis, the mystic and the philosopher who have been watching the trend of times and conditions and who know the periods of human evolution are looking forward to the dawn of the day when the coming supermen and superwomen will pass across the indefinite line from childhood to adulthood.

This day of a new dawn is close at hand and already the young supermen and superwomen in many parts of the world are expressing their new power and unique understanding and molding conditions preparatory to their united usurping of the dominating positions of life. The supermen and superwomen of the near future will be those who have within their grasp the reins of leadership and who will control not only their own destinies but the destinies of millions of men and women. There will be no tyrannical autocracy connected with this worldwide domination, and there will be no unreasonable and fanatic display of superiority or an exaggerated ego; but rather a mighty and powerful, though sympathetic and peaceful, direction and control of the world activities.

The supermen and superwomen of each cycle and each age have been the result of human evolution and of the progress of civilization. In each cycle of the world's history these super-beings have been qualified to meet the conditions which they were to find and to rule the world as it required ruling. In each cycle, therefore, the supermen and superwomen attained a different degree of



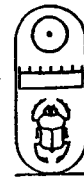
mastership and exerted a different form of power and leadership, compatible with the nature of existing conditions and supreme in the elements required to assist in the evolution that was taking place.

In the earlier cycles of human progress the super-qualities of these cosmically selected men and women related to the purely intellectual abilities of the objective faculties of man. The superman and superwoman of those periods were those who could see, hear, or sense better the objective impressions registered upon their consciousness and interpret them in terms of universal adaptability. It was these beings who sensed the future needs of evolving man based upon a careful observation and understanding of his present deficiencies and requirements. They lifted eyes neither high nor low but projected their vision on a level with their present growth, yet they saw distantly in the line of progress.

Egoism

Then came the cycle of individuals who turned their vision inwardly rather than outwardly and saw the weaknesses of the inner self and the need for cultural improvement. Then followed the development of man's egoism, resulting in self-aggrandizement and the desire to surround himself with every cultural luxury and comfort.

(continued overleaf)



The next cycle brought the desire for conquest as a natural result of man's desire to make his personal name and fame paramount above everything else. However, in this phase of evolution new lands were discovered, new cities built, new empires established, and this was in accordance with the cosmic scheme though man knew it not.

We have just finished a cycle where man's vision has been turned toward intellectual attainment and materialistic scientific knowledge in order that he might take from others that which they possessed but held lightly. They thereby monopolized and controlled solely through objective intellectual power the things that belonged to humanity at large. The inevitable result of such a cycle was that of self-destruction, inasmuch as the power of greed that entered into the plans of those who were leaders in this last cycle did destroy itself and destroyed those who were instruments of its activities. Yet the Cosmic saw that in all of the greedy things that man accomplished during the past cycle there should be a residue of results that will benefit everyone when properly directed and controlled by the new period of super beings to follow.

And now we are on the threshold of this new cycle when these new super beings are about ready to come into their own, and reconstruct the toppling, quivering structures and creations of the hordes of greed of the past cycle.

The Cosmic has seen that during the past one hundred years or more the foundation should be laid for the great transfer of human control and human direction. Men and women in all lands and in all sections of every state and nation have been gradually prepared and carefully inspired during the past fifty or more years for the new role and new position they or their children will occupy within the next few years.

The unlimited power of wealth and of control of business and economic conditions will be taken from the hands of the greedy and the selfish and transferred to the hands of the altruistic and the sympathetic.

The new cycle of beings now reaching maturity have had their vision turned from the narrow, personal viewpoint, to

the broad, universal horizon of international humanity. Their education and training has been along the lines of cosmic comprehension and philosophical understanding. Their hearts have been inspired with the sympathetic appreciation of the needs of all men and with a desire to see mercy and justice made manifest in every walk of life. These qualities will make them the supermen and superwomen of the new cycle. The bigotry of religions, the tyranny of nationalism, the selfishness of economic standards have been supplanted by a broader viewpoint and a newer and better attunement with human existence.

The lines of demarcation between creeds and sects, between nations and governments, have been obliterated or softened or interpreted in other expressions. Various and many schools and systems of thought have been spreading their doctrines and their teachings and propounding the higher code of ethics until young and old now living have seen a new light on the horizon indicating the possible dawn of a better day. The Rosicrucians have been instrumental in the worldwide spread of this newer viewpoint and wait for the moment to hail the coming of the new day and new cycle.

The men and women who are now preparing themselves through the proper study and the proper attunement will be the supermen and superwomen ruling and dominating the world's affairs in the very near future.

A New Day

Already the sky is golden in the reflected colors of the rising sun and the bright light of the horizon is emphasizing the deepness of the shadows and of the darker places. As we view the world today we are impressed perhaps more strongly by the shadows than by the light on the horizon. But he who has reached the readiness and a proper degree of worthiness to hail the new day knows that as the day comes and the sun rises, the shadows will soften and light will reach even the deepest recesses of human problems.

Old traditions and old conditions will be broken and changed. Old highways will be abandoned in favor of newer ones. The byways will be filled with passers-by

and the great parade of progressive supermen and superwomen will begin on its onward march to victory through the power of their new knowledge and better understanding and higher personal development and their training.

Make sure that you are one of these by freeing yourself from the shackles of superstition, doubt, intolerance, bias, and prejudice. Shake off the beliefs and disbeliefs of the past and open your mind like a new book of unwritten pages to receive the cosmic knowledge that is offered to you freely. Turn your back upon the path you have been treading and face right about and start toward the new dawn.

Prepare your children for their place in the new sunlight of the new day by directing their thinking, observing, understanding, and their comprehending along new lines that are fundamentally sound and universally true. Let the heritage of your better understanding become the foundation upon which your children will build their lives and thereby be ready to fill their individual missions in life under the new regime. Victory awaits the new and rising generation, and none is too old at the present time to share in the inevitable changes that will take place this coming year and the year thereafter and each succeeding year throughout the new cycle.

Mammoths (from page 23)

were plentiful when Russian and Aleut sealers found them in the early 1800s. In 1975, "Bertha" delivered "Blue" on Año Nuevo Point, making this the first recorded birth on the North American mainland.

Marine biologists have been identifying elephant seals by name in protected areas. Over 10,000 pups born on the Channel Islands and islands in Mexico and central California have been name-tagged with bleach bottle squirts. The markings peel off when the seals moult.

Burney LeBoeuf calls the first-ranking male on an island "the best father genetic-

The handwriting has appeared on the wall and those who have been mercenary, selfish, greedy, monopolistic, tyrannical, and wholly soulless are "trembling in the depths of the abyss and are fearful of the demons," as the ancient Rosicrucians stated. They see passing from their control the necessities and economic requirements of life. They see the retroactive effect of their indifference to public appeal and universal requests. But it is too late for them to stem the tide of the great changes taking place and which will continue to modify the man-made laws of this earth until the natural and spiritual laws of the cosmic are once more re-established and made universally active.

It will be a glorious day when the sun begins to rise high in the firmament and the supermen and superwomen stand erect in all of their cosmic glory, but with human humbleness of spirit, and proclaim the goodness of God and the universal happiness of all beings.

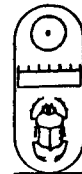
Since thousands of readers of the *Rosicrucian Digest* have not read many of the earlier articles of Dr. H. Spencer Lewis, first Emperor of the present Rosicrucian cycle, each month one of his outstanding articles is reprinted so that his thoughts will continue to be represented within the pages of this publication.

ally." While strength and size did not help these majestic mammoths of the sea against man, strict genetic selection made their comeback a success.

About 30,000 northern elephant seals exist today. Feeding by night, they roam far beyond their breeding range. Though gregarious on land, they are loners at sea. Individuals have been observed off British Columbia and southwest Alaska. Southern elephant seals have increased their numbers to an estimated 700,000 animals. Controlled harvesting is taking place in the southern hemisphere today, whereas the northern species is strictly protected by Mexico and the United States. △

*We are born into the world of nature; our
second birth is into the world of spirit.*

—Bhagavad Gita



Rosicrucian Activities

Around the World

LARRY WEBSTER, a physical therapist at Community Hospital of the Valleys in Riverside, California, was given the Rosicrucian Humanitarian Award for his unselfish efforts. Frater Ronald E. Hess, who presented the award, was seriously injured in a motorcycle accident. His condition was thought to be unchangeable but Mr. Webster offered not only his uplifting influence, but also free physical therapy in Frater Hess's home. Frater Hess says that he now has hope that he will walk again.

The Humanitarian Award was presented at the hospital before a crowd of Larry Webster's fellow workers and the local press. Mr. Webster received a standing ovation for placing "... service before [his] own personal needs and desires, humbly and without expectation of profit."



Mr. Larry Webster, physical therapist, holds the Rosicrucian Humanitarian Award presented by his patient, Frater Ronald E. Hess, who is pictured with his wife, Marcia.

The 1979 United Kingdom Regional Conclave is reported to have been an outstanding success. The Joseph Priestley Chapter of Leeds, England, hosted the event. Its innovative planning made this conclave one to be remembered, and a useful reference for those planning their own conclaves.

The site of the conclave was York University. Almost 20 United Kingdom affiliated bodies were represented by a total of 350 Rosicrucians. Many members stayed on the York University campus over the weekend and enjoyed continuous fraternal contact.

Representing the Grand Lodge at the conclave was Frater Edward Fisher, AMORC's Grand Treasurer, and his wife Shirley, also of the AMORC staff. Other dignitaries included Grand Councilors Peter Allen and Norman Fitzpatrick.

The United Kingdom Regional Conclave's activities included multiple mystical workshops, which were conducted simultaneously, exhibitions created by



Frater Edward L. Fisher
AMORC Grand Treasurer

affiliated bodies, and aura box and biofeedback experiments. Convocations, the Celestial Sanctum and lectures were held and a Pythagorean ritual drama was performed. Grand Treasurer Fisher conducted a meditation on "Initiation into Self." The Francis Bacon Lodge of London held formal initiations—the 3rd Rosicrucian Temple Degree and the Associate Degree of the Martinist Order. A social highlight, a splendid dinner/dance, was held, during which the Fishers were presented with cut crystal candlesticks.

Extensive publicity preceded the Conclave and a major public meeting, which followed the conclave by a week and featured an AMORC film and lectures explaining the Order's intent.

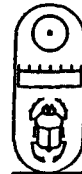
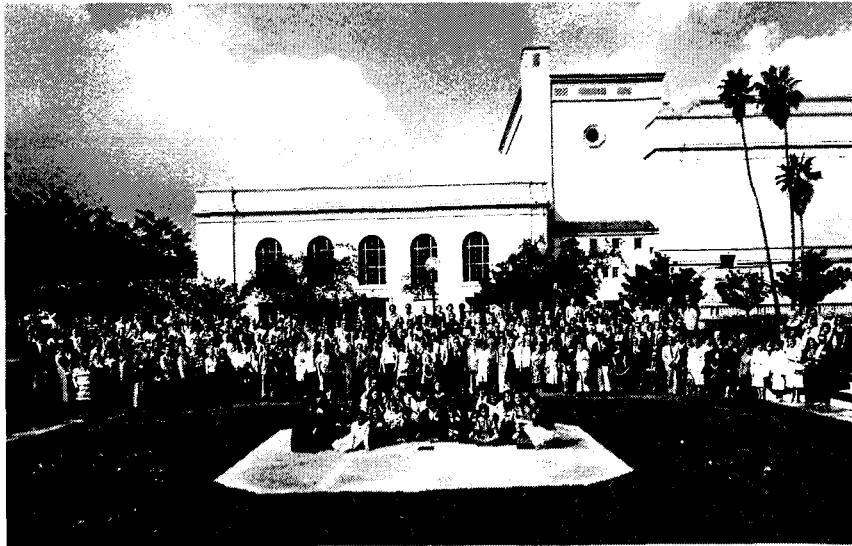
Through their labor and service, the Joseph Priestley Chapter and all concerned proved themselves to be "... men and women who are discovering 'the unlimited horizons of intuition, meditation, altered states of consciousness and the



Frater Michael Winterburn, Master of the Joseph Priestley Chapter, and Colombes serving at the United Kingdom Regional Conclave.

imagination . . . students of rare esoteric teachings," as explained to the local press.

Last autumn over 400 Rosicrucians attended the Southern California Regional Conclave held in Pasadena. Representing Grand Lodge was Robert E. Daniels, Grand Master, his wife Maria, and daughter Maureen. Activities included an art and photography exhibit, degree review forums, AMORC films, experiments, and slide-tape demonstrations. Abdiel Lodge performed an allegory-ritual entitled "Celestial Sanctum" which served as the opening ceremony. The San Francisco Ballet Company gave a beautiful performance Saturday night. Conclave Chairman Bruce Painton and all the dedicated members who worked to make this Conclave a success are to be congratulated.



What Happens Beyond This Portal?

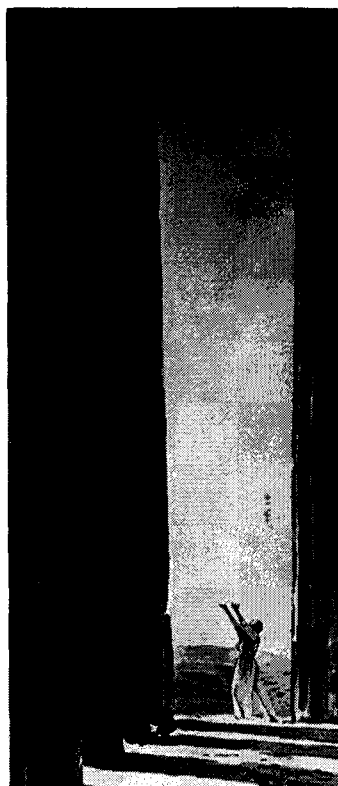
The Ancient Mystery Initiations

With heads bowed in grief, burdened with personal problems, cynical and bitter—candidates humbly crossed the thresholds of the ancient mystical temples. What was transmitted to each which caused him to return to the outer world *inspired, confident, self-reliant?*

Plato said, "To be initiated is to be born again." Learn about the creative, fulfilling life which can be yours!

Free Manuscript

"The Ancient Mystery Initiations" will be sent *without cost*, if you subscribe—or resubscribe—to the *Rosicrucian Digest* for one year at the regular rate of \$10.00* When writing, ask for the manuscript by name.**



ROSICRUCIAN DIGEST • San Jose, California 95191 • U. S. A.

**This offer does not apply to members of AMORC, who already receive the *Rosicrucian Digest* as part of their membership.

*Foreign Currency Equivalents
£5.00 A\$9.09 NZ\$10.00
¥46.66 R8.69

COLORADO RIVER CANYON



The Colorado River rushes through Black Canyon on the state borders of Nevada and Arizona after being released from the famed Hoover Dam (originally known as Boulder Dam). The dam rises 727 feet above bedrock. It holds ten billion gallons of water and irrigates some 2 million acres.

(Photo by AMORC)

JAPANESE TEA GARDEN (overleaf)

**The
Rosicrucian
Digest
June
1980**

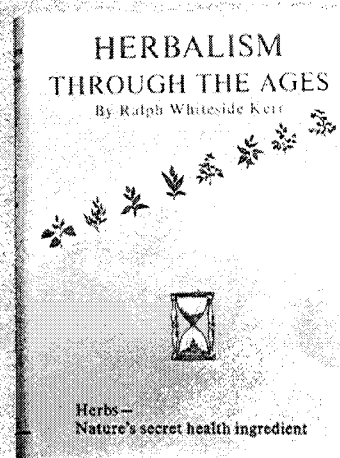
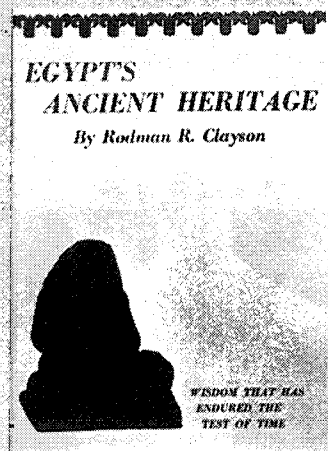
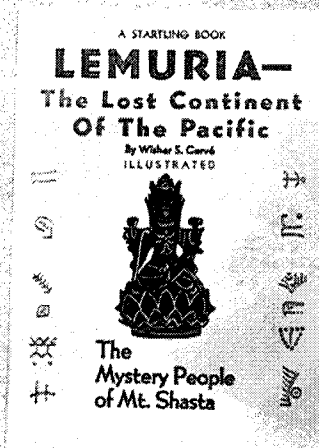
The attractive Japanese Tea Garden in Golden Gate Park, San Francisco, California, is authentically designed. It is visited by thousands of tourists annually and is in an appropriate setting, as San Francisco is a principal gateway to the Orient. In the charming atmosphere of this large tearoom of Japanese architecture, girls in native costumes attend guests from throughout the world.

(Photo by AMORC)





Three Enlightening Books



Each book reasonably priced at **\$7.25**

Other Currencies
 £3.43 A\$6.59 NZ\$7.25
 \$44.83 R6.30

Lemuria The Lost Continent of the Pacific

by Wishar S. Cervé

Beneath the rolling seas lie the mysteries of forgotten civilizations. Swept by the tides, half-buried in the sands, worn away by terrific pressure are the remnants of a culture little known to our age of today.

Where the mighty Pacific now rolls in a majestic sweep of thousands of miles, there was once a vast continent. This land was known as Lemuria, and its people as Lemurians. Science has gradually pieced together the evidences of this lost race, and in this book you will find the most amazing, enthralling chapters you have ever read.

Egypt's Ancient Heritage

by Rodman R. Clayson

This book is not a history of events alone. Rather the author delineates in an interesting manner the aspirations and inner motivations of the Egyptians through the centuries as best as modern Egyptology has revealed them.

One cannot fail to realize upon reading these pages our heritage from Egypt which is reflected in many of the common-day practices and even in our conception of life's values.

Herbalism Through the Ages

by Ralph W. Kerr

The source of our first foods has a romantic, fascinating history. This book reveals man's discovery of natural foods, herbs, and their various uses through the centuries.

Most all religions, esoteric and mystical rituals, and ceremonies use plants and herbs as sacred symbols. Birth, love, regeneration, immortality are symbolized by plants and herbs—read their interesting accounts in this book.

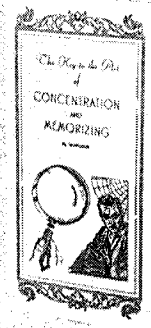
Send your order to:

California residents please add 6% for sales tax.

THE ROSICRUCIAN SUPPLY BUREAU
 ROSICRUCIAN PARK • SAN JOSE • CALIFORNIA 95191 • U.S.A.

Keys to the Art of Concentration and Memorizing

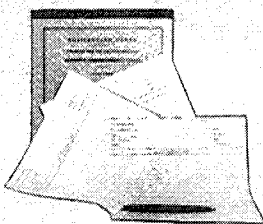
**ARE BAD MEMORY AND FAULTY
CONCENTRATION WASTING YEARS
OF YOUR LIFE?**



Are your thoughts a jumble of fleeting mental pictures? Do you go through life lamenting, "If only I could remember . . .?"

In the Rosicrucian Supply Bureau, two excellent treatises have been made available to help you overcome this problem. They deal with the art of Concentration and Memorizing—two of the most valuable mental faculties anyone can possess. Prepared by Saralden, Ph.D., of the Rose-Croix University of Belgium, these two treatises on *Concentration and Memorizing* are made available to you as a unit for only \$1.95

Other Currencies
£.98 A\$1.77 NZ\$1.95
¥11.30 R1.67



Student's Correspondence Tablet

Large 8½ x 11-inch
sheets

Special stationery assures that personal attention which makes the pursuit of knowledge an enjoyable venture. The cover of the tablet is a useful blotter and upon it are printed all essential instructions as TO WHOM, WHERE, and WHEN TO WRITE. This tablet contains 50 sheets of strong, light bond paper. At the top of each sheet is printed information for the proper direction of your letters.

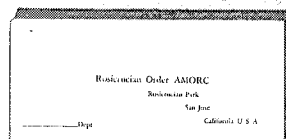
Correspondence Tablet\$3.35

Other Currencies
£1.68 A\$3.05 NZ\$3.35
¥22.23 R2.91

3 Tablets for only\$6.95

Other Currencies
£3.48 A\$6.32 NZ\$6.95
¥44.63 R6.04

AMORC - Addressed Envelopes



Durable,
White,
Large

Size: 9 x 4 inches

Envelopes

Other Currencies
£2.13 A\$3.86 NZ\$4.25
¥22.83 R3.67



Rosicrucian Seals

These Rosicrucian seals are about one inch in diameter. They are beautifully printed in red and embossed with gold. If you would like to bring the name of the organization to your friends and at the same time have attractive seals

for your stationery, we would suggest that you secure them.

Package of 100 for\$1.95

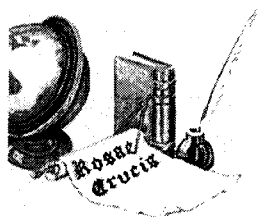
Other Currencies
£.98 A\$1.77 NZ\$1.95
¥11.30 R1.67

Send orders and remittance to:

• California residents add 6% sales tax.

THE ROSICRUCIAN SUPPLY BUREAU

ROSICRUCIAN PARK • SAN JOSE • CALIFORNIA 95191 • U.S.A.



From the Archives

SHOWN HERE is the elaborately illustrated title page of *Amphitheatrum Sapientiae Aeternae*, or *Amphitheater of Eternal Wisdom*, written by the alchemist and Rosicrucian, Heinrich Khunrath. Born in 1560, this German alchemist was graduated in medicine from Basel in 1588, and died in 1605. Khunrath was a follower of Paracelsus and acquainted with John Dee. He influenced the men who helped prepare and disseminate the *Fama Fraternitatis*, the famous public announcement of the Rosicrucians' existence. *Amphi-*

theatrum Sapientiae was published in Prague under the authority of Rudolph II and printed in Hanover.

The format of *Amphitheatrum* is verse-by-verse commentary on the *Wisdom of Solomon*, one of the Bible's apocryphal books. Its subject matter, however, is alchemy explained in hermetic, mystical, and cabalistic terms. The text is written in Latin, some German, and a little Greek and Hebrew. The book is intentionally obscure; it uses alchemical analogy and cabalistic terms, for it is addressed to the initiates of mystery teachings and those already learned in alchemical art and science. Its symbolic plates are justly famous. They include the "Oratory of an Alchemist" and "The Gate of Eternal Wisdom."

The title page is rich in symbolism and the language of alchemy. A translation of the central statement on the title page reads: "Amphitheater of the only true eternal wisdom, Christian-Cabalistic, divine-magic, physico-chemical, thrice triune, catholic [universal]. Heinrich Khunrath of Leipzig. Instructor, a faithful lover of theosophy and doctor of both medicines. Hallelujah! Hallelujah! Hallelujah! Fie on the devil! Scarcely one of a thousand. The year of 1602."

The title page is an example of Khunrath's symbolic drawings. We quote here Joel Disner's explanation and translation of some of the symbolism and printing along the left and right sides of the title page. "Note the two pillars, the left surmounted by a globe, the right by a pyramid. Above the left-hand one is the sun displayed with its Hebrew name written across it. Below the sun, the Hebrew word for fire on the flame, the Greek and Latin meaning attraction of Chaos on the globe. Reading down, the Latin phrases translate: *thirsting, praying, glorious memories, Lo, how many fall back, Sol*. On the right-hand pillar, the Hebrew word for light is written on the pyramid; then, on the capstone of the pillar, salt; next, the Hebrew phrase *spirit of heavenly wisdom, laboring, in remembrance of worthy Tattus, how many press on. Luna*."—CC.





ODYSSEY

Vincent van Gogh

THE DUTCH PAINTER Vincent van Gogh (1853-1890) is one of the world's best-loved artists, and paradoxically was one of its loneliest men. Though he lived only 37 years, Van Gogh contributed much to the art world. Nevertheless, he lived in poverty most of his life and sold only one painting in his career. Vincent was misunderstood and maligned by his family, the public—everyone but his younger brother, Theo, who supported him morally and financially.

Van Gogh's life unfolded logically; his artistic destiny seems obvious in retrospect, though he pursued various paths before he found his calling as an artist.

At 16, Van Gogh was apprenticed to a family art-dealership and stayed with the company for seven years. After an unhappy love affair, Vincent chose to give his love to humanity and abandon concern for his own welfare. He studied the Bible fanatically to enter the ministry, but instead entered a missionary school in Brussels. Eventually Van Gogh was tentatively appointed to a missionary post in a small Belgian mining town. In bringing the word of God to the impoverished and over-worked mining families, Vincent sacrificed all—clothing, money, health, and mental stability—to make the miners' lives more bearable. When his superiors discovered the degree of Van Gogh's self-sacrifice and his consequently exhausted condition, they were outraged and dismissed him.

Van Gogh then became heavily involved with drawing. He began a life-long fascination of drawing working people, those who were close to the earth. In his later portraits, he ever strove to convey the innate nobility and dignity of his subjects, though they were usually simple laborers. Vincent moved to the Hague and started painting. He labored to create an individual style, and after coming in contact with the Impressionists in Paris greatly changed his style and palette.

After Paris, Van Gogh moved south to sunny Arles, France, where he was most productive. Here he created his greatest works, completely bypassing convention in using pure rainbow colors. He said that in using these colors, "... one comes closer to calmness and harmony." The Arles paintings are ripe with sunlight, bright color and surging energy.

Van Gogh knew creative work as giving to others as well as to oneself. He drove himself to the limit, having neither time nor inclination for a chic life of luxury. The artist honored his personal vision and developed it, which added to his creative power. He probed his inner self to its greatest depths, and was considered a madman. He immersed himself in the vibratory conditions of what he painted and created revelatory masterpieces. Vincent's strong, sometimes irrational personality overcame any barriers to expression to allow the viewer to share in his vision of a world that is self-sustaining, awesomely beautiful yet simple.

Van Gogh toiled too hard at Arles, and after a series of emotional disturbances voluntarily entered a sanitarium in St. Remy, France. He left St. Remy in a year, after the sale of one of his paintings and an instance of critical acclaim. He was transferred by his brother to the care of a small-town doctor of homeopathy. Vincent continued painting though he felt he was stagnating, of no use to anyone, and a burden on his brother.

Thinking he would never overcome his monumental loneliness, Van Gogh committed suicide, never to know his ultimate eminence.—DJB

